Updated 11/18/26

NOVEMBER 2026

All events are subject to change.
Visit **OneSeniorPlace.com** or call **321-751-6771** for more information or to RSVP for any of our upcoming events.
8085 Spyglass Hill Rd, Melbourne FL 32940

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 **9am** The Club **10am** Liver Scans (By Appt Only) Call 321-751-6771 to schedule **1pm** Move Well. Live Well. Fitness Class w/ Eric Parent, Strength & Weight Loss Coaching **2:30pm** Leaf Litter Explorations: Discover What's Hiding Below w/ Brevard Zoo	**3** **10am** Memory Testing (By Appt Only) Call 321-305-5015 to schedule **10am** Dietitian Series: Sugar, Salt, & Fat w/ Susie Bond **12pm** The Mahjong Club: Come Play American or Chinese Mahjong!	**4** **10am** Social Club for Veterans **11am** Coffee, Cookies & Pre-Planning Cremation or Burial w/ National Cremation Society **3:30pm** Chair Yoga w/ Senior Partner Care Services	**5** **1pm** Book Club *Currently Full* **2pm** Why You Remember Grandma's Pie but Forget Your Password w/ Deidra Shubert, Flourish Research,	**6**
9 **9am** The Club **1pm** Move Well. Live Well. Fitness Class w/ Eric Parent, Strength & Weight Loss Coaching **2:30pm** Steps That Keep You Moving: Simple Ways To Support Healthy Feet As You Age w/ Dr. Karen Fischborn, Melbourne Mobile Podiatry	**10** **12pm** The Mahjong Club: Come Play American or Chinese Mahjong! **2pm** BINGO! Hosted by Senior Partner Care Services	**11** **10am** Medicare Sales Seminar w/ Health First Health Plans Call to RSVP: 1-800-716-7737 *Select Option 2* **3:30pm** Chair Yoga w/ Senior Partner Care Services	**12** **10am** Grief Support Group w/ VITAS **10am** Divorce And Separation's Affect On Your Estate Plan w/ Estate Planning & Elder Law Powered by The Law For All **1pm** Book Club *Currently Full* **2pm** You're Invited! Discover Longevity Day Club: A Better Way To Age Well	**13** **10am** Senior Health Friday With Nurse Lisa Presents "Memory & Legacy Photo Coasters: A Creative Craft With A Purpose" w/ Senior Partner Care Services **2pm** Mastering Your Computer w/ Gerald Delvaille, ITX Solutions
16 **9am** The Club **1pm** Move Well. Live Well. Fitness Class w/ Eric Parent, Strength & Weight Loss Coaching **2:30pm** Merry Money: A 3-Part Holiday Financial Series - Part 2: Shop Smart, Spend Merry w/ Fifth Third Bank & Raymond James Financial	**17** **10am** Memory Testing (By Appt Only) Call 321-305-5015 to schedule **10am** Estate Planning w/ William Johnson, P.A. **11:30am** Lunch & Learn "Fall Prevention: Small Changes Make A Big Difference." w/ Dr. Brittany Warren & Jessica Henwood, Health First **12pm** The Mahjong Club: Come Play American or Chinese Mahjong! **2pm** The Calm Within: A Nervous System & Sensitive Skin Reset w/ Jessica Mooney, Soul Skin® & Samantha Suresh, Wellness Recalibrated **5:30pm** iPhone & iPad Users Group w/ MacMad	**18** **10am** Liver Scans (By Appt Only) Call 321-751-6771 to schedule **10am** Leaves Change. Seasons Change. Plans Matter. Understanding Guardians & Capacity Planning w/ Gregory Schwendeman, Rhodes Law, P.A. **2pm** Alzheimer's & Dementia Support Group Facilitated by Lisa Peake, RN, One Senior Place Care Management **2pm** Seeing Clearly: Cataracts, Eye Health & What You Should Know w/ Dr. Daniel Daroszewski, Atlantic Eye Group **3:30pm** Chair Yoga w/ Senior Partner Care Services	**19** **10am** Help Shape Our 2027 Seminar Calendar: Share Your Ideas! Collaborative Planning Session **1pm** Book Club *Currently Full* **3:30pm** Crack the Cube: Part 2 - Continue the Challenge! w/ Mindcare Medics	**20** **10am** Medicare Sales Seminar w/ Health First Health Plans Call to RSVP: 1-800-716-7737 *Select Option 2* **12pm** Tools to Quit Smoking **2pm** BUNCO! w/ Senior Partner Care Service ***Play to WIN Gift Card Prizes!***
23 **9am** The Club **1pm** Move Well. Live Well. Fitness Class w/ Eric Parent, Strength & Weight Loss Coaching **2:30pm** Food Facts & Holiday Myths: Making Smarter Choices for Your Health w/ Eric Parent, Strength & Weight Loss Coaching,	**24** **10am** Estate Planning As A Single Person w/ Estate Planning & Elder Law Powered by The Law For All **12pm** The Mahjong Club: Come Play American or Chinese Mahjong!	**25** **10am Fall Festival: A Day of Movies, Music & Fun!** **10:00 AM | MOVIE MATINEE** ***Migration*** From the creators of Minions comes ***Migration***, a hilarious and heartwarming family adventure about a lovable family of ducks who leave their safe New England pond for a wild, unexpected road trip to Jamaica! **12:00 PM | MUSIC BINGO** ***Listen, Sing, Play & Win Prizes!*** It's bingo with a musical twist! Test your knowledge of favorite songs, enjoy friendly competition, and win prizes while connecting with others in a fun and upbeat atmosphere. **HOSTED BY:** senior partner | BUENA VIDA ESTATES	**26** HAPPY THANKSGIVING Closed for The Holiday	**27**
30 **9am** AARP Safe Driver Course Call Karen at 321-252-9073 **9am** The Club **1pm** Move Well. Live Well. Fitness Class w/ Eric Parent, Strength & Weight Loss Coaching **3pm** What's Cooking? In the Kitchen w/ Chef Kyle, Zon Beachside				

BASKETS FOR A CAUSE | HOLIDAY FUNDRAISER IN LOBBY
NOV. 2ND - DEC. 18TH



ONE SENIOR PLACE
ANNUAL HOLIDAY FUNDRAISER

Baskets for a Cause

SUPPORTING MEALS ON WHEELS

BASKETS ON DISPLAY FROM:
NOVEMBER 2nd –
DECEMBER 18th
8:30AM TO 5PM | M-F

Purchase your raffle tickets at One Senior Place and enter to win your favorites!

Our Beneficiary:
Meals on Wheels | A Program of Aging Matters in Brevard

MEALS on WHEELS BREVARD COUNTY

Aging Matters IN BREVARD

Ticket Pricing:

$2 Per Ticket **or**
$20 Head to Toe*

*However many tickets it takes to get from your head, to your toes.

BREAKFAST SPONSORED BY:

senior partner CARE SERVICES

OSP

GRAND FINALE BREAKFAST
DECEMBER 18th at 10am
Join us for mimosas & a light breakfast as we draw and announce our *Baskets for a Cause* winners!

one SENIOR place 20th Anniversary

8085 SPYGLASS HILL RD. VIERA, FL 32940 | OneSeniorPlace.com

FREE SCREENINGS



LIVER SCANS
Monday, November 2nd
Wednesday, November 18th
10 AM - 2 PM

Call 321-751-6771 to Schedule



MEMORY TESTS
Tuesdays,
November 3rd & 17th
10 AM - 2 PM

Call 321-305-5015 to Schedule

WEEKLY FITNESS

MOVE WELL. LIVE WELL. FITNESS CLASS
MONDAYS
1 PM

WEEKLY CHAIR YOGA

WEDNESDAYS
3:30 PM

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TO SEE FULL CALENDAR OF EVENTS VISIT:

OneSeniorPlace.com