Created 11/13/26

DECEMBER 2026

All events are subject to change.
RSVPs are requested for all events so we can plan accordingly!
Visit **OneSeniorPlace.com** or call **321-751-6771** for more information or to reserve your spot at any of our upcoming events.
8085 Spyglass Hill Rd, Melbourne, FL 32940

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	**1** 10am Memory Testing (By Appt Only) Call 321-305-5015 to schedule 10am Dietitian Series: Nutrition Myths w/ Susie Bond 12pm The Mahjong Club: Come Play American or Chinese Mahjong! 2pm Ready, Set, Travel! Senior Travel Presentation with Stefan Shields, Join the Fun Tours	**2** 10am Social Club for Veterans 11am Coffee, Cookies & Pre-Planning Cremation or Burial w/ National Cremation Society 3:30pm Chair Yoga w/ Senior Partner Care Services 6pm Medicare Sales Seminar w/ Health First Health Plans Call to RSVP: 1-800-716-7737 *Select Option 2*	**3** ~~1pm Book Club *Currently Full*~~ NO Book Club Today 	**4** 
BASKETS FOR A CAUSE | HOLIDAY FUNDRAISER IN LOBBY — NOV. 2ND - DEC. 18TH				
7 ~~9am The Club~~ ~~1pm Move Well. Live Well. Fitness Class w/ Eric Parent, Strength & Weight Loss Coaching~~ NO Club or Fitness Today	**8** ~~12pm The Mahjong Club: Come Play American or Chinese Mahjong~~ ~~2pm BINGO! Hosted by Senior Partner Care Services~~ NO Mahjong Club or Bingo today	**9** 	**10** ~~10am Grief Support Group w/ VITAS~~ ~~1pm Book Club *Currently Full*~~ NO Grief Support Group or Book Club Today	**11** 10am Senior Health Friday With Nurse Lisa Presents "Holiday Craft & Cheer" Create Your Own Rag Ball Ornament! w/ Rhodes Law, P.A. 2pm She's Back! Kick Up Your Heels! Learn The Moves & Feel The Groove: The Hustle with Kiliki Burgess 5pm Sip, Sparkle & Shop! A Park Lane Jewelry Social with Minerva Rogers
14 9am The Club 1pm Move Well. Live Well. Fitness Class w/ Eric Parent, Strength & Weight Loss Coaching 2:30pm Merry Money: A 3-Part Holiday Financial Series - Part 3: May Your Budget Be Merry & Bright w/ Fifth Third Bank & Raymond James Financial	**15** 10am Memory Testing (By Appt Only) Call 321-305-5015 to schedule 10am Estate Planning w/ William Johnson, P.A. 12pm The Mahjong Club: Come Play American or Chinese Mahjong! 5:30pm iPhone & iPad Users Group w/ MacMad	**16** 10am Liver Scans (By Appt Only) Call 321-751-6771 to schedule 2pm Alzheimer's & Dementia Support Group Facilitated by Lisa Peake, RN, One Senior Place Care Management 3:30pm Chair Yoga w/ Senior Partner Care Services	**17** 12pm Lunch & Learn "Reflux Revealed: What You Need to Know" w/ Dr. Paul Appleby, Surgeon I Health First 1pm Book Club *Currently Full* 2pm Puzzle Swap: Bring a Puzzle, Take a Puzzle!	**18** 10am **Grand Finale Breakfast!** Baskets for a Cause: Benefiting Meals on Wheels 12pm Tools to Quit Smoking 2pm BUNCO! w/ Senior Partner Care Service ***Play to WIN Gift Card Prizes!***
21 9am The Club 1pm Move Well. Live Well. Fitness Class w/ Eric Parent, Strength & Weight Loss Coaching 2:30pm Flooded Forest Chat: Meet the Animals of the Flooded Forest with Brevard Zoo!	**22** 10am Your Questions Answered: Estate Planning Open Forum With the Legal Experts w/ Estate Planning & Elder Law Powered by The Law For All 12pm The Mahjong Club: Come Play American or Chinese Mahjong! 2pm Karaoke at One Senior Place with Scott Bigler, Viera Clear Hearing! 	**23** ~~3:30pm Chair Yoga w/ Senior Partner Care Services~~ NO Chair Yoga Today	**24** Closed for Christmas	**25**
28 9am The Club 1pm Move Well. Live Well. Fitness Class w/ Eric Parent, Strength & Weight Loss Coaching	**29** 10am Home for the Holidays...After Visiting Mom & Dad, Did You Notice Anything Different? *Helping You Find the Right Resources and Support for Your Aging Loved Ones, Whether You're Near or Far.* 12pm The Mahjong Club	**30** 9am AARP Safe Driver Course Call Nancy at 973-607-7996 to Register 1pm 2027 New Year Celebration: Dream It, Create It! Vision Board Fun ~~3:30pm Chair Yoga w/ Senior Partner Care Services~~ NO Chair Yoga Today	**31** Closed for The New Year	

one SENIOR place
20TH ANNIVERSARY

Senior Holiday Brunch

Wednesday,
December 9th
10 AM
One Senior Place
8085 Spyglass Hill Rd
Viera, FL 32940

Catered by:
THE BRENNITY
– AT MELBOURNE –

Mimosa Bar by:
senior partner
CARE SERVICES



Live Music by Fred Cavese

Call 321-751-6771 or Visit OneSeniorPlace.com to RSVP

FREE SCREENINGS



LIVER SCANS
Wednesday, December 16th
10 AM - 2 PM

Call 321-751-6771 to Schedule



MEMORY TESTS
Tuesdays,
December 1st & 15th
10 AM - 2 PM

Call 321-305-5015 to Schedule

WEEKLY FITNESS

MOVE WELL. LIVE WELL. FITNESS CLASS
MONDAYS
1 PM

WEEKLY CHAIR YOGA

WEDNESDAYS
3:30 PM

ONE SENIOR PLACE
8085 SPYGLASS HILL RD, VIERA, FL 32940

TO SEE FULL CALENDAR OF EVENTS VISIT:

OneSeniorPlace.com