



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

HELLO FALL



9am The Club
10am Liver Scans (By Appt Only)
Call 321-751-6771 to schedule
1pm Move Well. Live Well. Fitness Class w/ Eric Parent, Strength & Weight Loss Coaching
2pm Dinosaur Chat w/ Brevard Zoo

5

10am Memory Testing (By Appt Only)
Call 321-305-5015 to schedule
10am Dietitian Series: Hot Topics w/ Susie Bond
2pm Before the Sirens: Are You Ready for an Emergency? Be Informed. Be Prepared. Be Ready. w/ Brevard County Fire Rescue.

6



10am Social Club for Veterans
11am Coffee, Cookies & Pre-Planning Cremation or Burial w/ National Cremation Society
1pm The Mahjong Club: Come Play American or Chinese Mahjong!
3:30pm Chair Yoga w/ Senior Partner Care Services

7



10am Veterans Resource Panel
"Beyond the Uniform: Connecting Veterans with Care, Benefits & Support" - Specialty Donuts & Coffee Provided
1pm Book Club *Currently Full*

1

10am Grief Support Group w/ VITAS
10am Tax Reduction Secrets w/ Estate Planning & Elder Law Center of Brevard
1pm Book Club *Currently Full*

8

8am Functional Fitness w/ Mike Peterson
12pm Part 2 -Learn American Mahjong from a Mentor: A Two Part Beginner's Class Series w/ Mentor Sybil Jacobs
2pm Kick Up Your Heels! Learn The Moves & Join The Line! Line Dancing with Kiliki Burger

2

SPECIAL EVENT

Senior Job & Volunteer Fair

10 AM - 12 PM

One Senior Place
8085 Spyglass Hill Rd.
Viera, FL 32940

9

9am The Club
1pm Move Well. Live Well. Fitness Class w/ Eric Parent, Strength & Weight Loss Coaching
2pm Medicare with Confidence: An Educational Medicare Seminar w/ Carrie Kachur, Insurance Agent, Viera Insurance Professionals

12

11:30am Lunch & Learn "Colon Health Matters: Prevention. Detection. Peace of Mind." w/ Kathleen Tills, DNP, APRN, FNP-C, Health First
2pm BINGO! Hosted by Senior Partner Care Services

13

10am Medicare with Confidence: An Educational Medicare Seminar w/ Carrie Kachur, Insurance Agent, Viera Insurance Professionals
12pm Lunch & Learn "Sound & Steady: The Connection Between Hearing & Balance" w/ Scott Bigler, Viera Clear Hearing
1pm The Mahjong Club: Come Play American or Chinese Mahjong!
3:30pm Chair Yoga w/ Senior Partner Care Services

14



1pm Book Club *Currently Full*

15

8am Functional Fitness w/ Mike Peterson
12pm Tools to Quit Smoking
2pm BUNCO! w/ Senior Partner Care Service

16



Play to WIN Gift Card Prizes!



9am The Club
1pm Move Well. Live Well. Fitness Class w/ Eric Parent, Strength & Weight Loss Coaching
12pm Part 1 - Learn American Mahjong from a Mentor: A Two Part Beginner's Class Series w/ Mentor Sybil Jacobs

19

10am Memory Testing (By Appt Only)
Call 321-305-5015 to schedule
10am Estate Planning w/ William Johnson, P.A.
1pm The Mahjong Club: Come Play American or Chinese Mahjong!
2pm Coins, Cash, or Keepsakes? What to Do With Gold, Silver and Inherited Coin Collections w/ Bill Norfleet, Brazito Coins & Collectibles
5:30pm iPhone & iPad Users Group w/ MacMad

20



10am Liver Scans (By Appt Only)
Call 321-751-6771 to schedule
10am Medicaid Unmasked: The Truth About Medicaid & Protecting Your Assets in Florida w/ Rhode's Law, P.A.
2pm Alzheimer's & Dementia Support Group Facilitated by Lisa Peake, RN, One Senior Place Care Management
3:30pm Chair Yoga w/ Senior Partner Care Services

21

10am Grief Support Group w/ VITAS
10am Medicare Sales Seminar w/ Health First Health Plans Call to RSVP: 1-800-716-7737
Select Option 2
1pm Book Club *Currently Full*
2pm Coffee, Cookies & Pre-Planning Cremation or Burial w/ National Cremation Society

22

SPECIAL EVENT

Healthy Living Festival

10 AM - 1 PM

One Senior Place
8085 Spyglass Hill Rd.
Viera, FL 32940

23

9am The Club
1pm Move Well. Live Well. Fitness Class w/ Eric Parent, Strength & Weight Loss Coaching
12pm Part 2 - Learn American Mahjong from a Mentor: A Two Part Beginner's Class Series w/ Mentor Sybil Jacobs
2:30pm Merry Money: A 3-Part Holiday Financial Series - Part 1: Don't Let The Holidays Haunt Your Wallet w/ Fifth Third Bank & Raymond James Financial

26

10am Veterans' Benefits Explained: Unlocking Hidden Resources w/ Estate Planning & Elder Law Center of Brevard
1pm The Mahjong Club: Come Play American or Chinese Mahjong!
2pm Iron-Clad Immunity: Building A Stronger Immune System w/ Dr. Haig John, Your Family Chiropractor

27



9am AARP Safe Driver Course
Call Nancy at 973-607-7996 to Register
10am Help Shape Our 2027 Seminar Calendar: Share Your Ideas! Collaborative Planning Session
1pm Pretty In Pink: A Breast Health Social w/ Meagan Sumner, PA, Brevard Health Alliance
Wear your PINK and join us for a sweet afternoon dedicated breast health and awareness!
3:30pm Chair Yoga w/ Senior Partner Care Services

28



Chair Yoga Is CANCELLED

10am Medicaid Planning w/ William Johnson, P.A.
1pm Book Club *Currently Full*
6pm Medicare Sales Seminar w/ Health First Health Plans Call to RSVP: 1-800-716-7737
Select Option 2

29

8am Functional Fitness w/ Mike Peterson
10am The Big Red Bus Blood Drive w/ OneBlood
2pm Movie Matinee: Hocus Pocus 2

30



Disney HOCUS POCUS 2

POP CORN

Movie MATINEE

HOCUS POCUS 2

FRIDAY, OCTOBER 30TH | **2:00 PM** | **ONE SENIOR PLACE**
8085 SPYGLASS HILL RD
VIERA, FL 32940

CALL 321-751-6771 TO RSVP | OneSeniorPlace.com

ONE SENIOR place
20th ANNIVERSARY

FREE SCREENINGS



LIVER SCANS

Monday, October 5th
Wednesday, October 21st
10 AM - 2 PM

Call 321-751-6771 to Schedule



MEMORY TESTS

Tuesdays,
October 6th & 20th
10 AM - 2 PM

Call 321-305-5015 to Schedule

WEEKLY FITNESS

MOVE WELL. LIVE WELL. FITNESS CLASS
MONDAYS
1 PM

FUNCTIONAL FITNESS
FRIDAYS
8 AM

WEEKLY CHAIR YOGA

WEDNESDAYS
3:30 PM

ONE SENIOR PLACE
8085 SPYGLASS HILL RD, VIERA, FL 32940

**TO SEE FULL CALENDAR OF
EVENTS VISIT:**

OneSeniorPlace.com