



OCTOBER 2026



Updated 9/16/26

All events are subject to change.

Visit [OneSeniorPlace.com](https://www.1seniorplace.com) or call 321-751-6771 for more information or to RSVP for any of our upcoming events.
8085 Spyglass Hill Rd, Melbourne FL 32940

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

HELLO FALL



9am The Club
10am Liver Scans (By Appt Only)
Call 321-751-6771 to schedule
1pm Move Well. Live Well. Fitness Class w/ Eric Parent, Strength & Weight Loss Coaching
2pm Dinosaur Chat w/ Brevard Zoo

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10am Memory Testing (By Appt Only)
Call 321-305-5015 to schedule
10am Dietitian Series: Hot Topics w/ Susie Bond
2pm Before the Sirens: Are You Ready for an Emergency? Be Informed. Be Prepared. Be Ready. w/ Brevard County Fire Rescue.

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10am Social Club for Veterans
11am Benefits of Pre-Planning Your Cremation w/ National Cremation Society
1pm The Mahjong Club: Come Play American or Chinese Mahjong!
3:30pm Chair Yoga w/ Senior Partner Care Services

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10am Veterans Resource Panel
"Beyond the Uniform: Connecting Veterans with Care, Benefits & Support" - Specialty Donuts & Coffee Provided
1pm Book Club *Currently Full*

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10am Grief Support Group w/ VITAS
10am Tax Reduction Secrets w/ Estate Planning & Elder Law Center of Brevard
1pm Book Club *Currently Full*

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8am Functional Fitness w/ Mike Peterson
12pm Part 2 - Learn American Mahjong from a Mentor: A Two Part Beginner's Class Series w/ Mentor Sybil Jacobs
2pm Kick Up Your Heels! Learn The Moves & Join The Line! Line Dancing with Kiliki Burgess

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SPECIAL EVENT

Senior Job & Volunteer Fair

10 AM - 12 PM

One Senior Place
8085 Spyglass Hill Rd.
Viera, FL 32940

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9am The Club
1pm Move Well. Live Well. Fitness Class w/ Eric Parent, Strength & Weight Loss Coaching
2pm Medicare with Confidence: An Educational Medicare Seminar w/ Carrie Kachur, Insurance Agent, Viera Insurance Professionals

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11:30am Lunch & Learn "Colon Health Matters: Prevention. Detection. Peace of Mind." w/ Kathleen Tills, DNP, APRN, FNP-C, Health First
2pm BINGO! Hosted by Senior Partner Care Services

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10am Medicare with Confidence: An Educational Medicare Seminar w/ Carrie Kachur, Insurance Agent, Viera Insurance Professionals
12pm Lunch & Learn "Sound & Steady: The Connection Between Hearing & Balance" w/ Scott Bigler, Viera Clear Hearing
1pm The Mahjong Club: Come Play American or Chinese Mahjong!
3:30pm Chair Yoga w/ Senior Partner Care Services

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1pm Book Club *Currently Full*

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8am Functional Fitness w/ Mike Peterson
10am Beyond The Hot Flash: Because Menopause is About a Whole Lot More Than Feeling Hot w/ Laura Burgess, NP, NCMP
2pm BUNCO! w/ Senior Partner Care Service
Play to WIN Gift Card Prizes!

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9am The Club
1pm Move Well. Live Well. Fitness Class w/ Eric Parent, Strength & Weight Loss Coaching
12pm Part 1 - Learn American Mahjong from a Mentor: A Two Part Beginner's Class Series w/ Mentor Sybil Jacobs

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10am Memory Testing (By Appt Only)
Call 321-305-5015 to schedule
10am Estate Planning w/ William Johnson, P.A.
2pm Coins, Cash, or Keepsakes? What to Do With Gold, Silver and Inherited Coin Collections w/ Bill Norfleet, Brazito Coins & Collectibles
5:30pm iPhone & iPad Users Group w/ MacMad

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10am Liver Scans (By Appt Only)
Call 321-751-6771 to schedule
10am Medicaid Unmasked: The Truth About Medicaid & Protecting Your Assets in Florida w/ Rhode's Law, P.A.
2pm Alzheimer's & Dementia Support Group Facilitated by Lisa Peake, RN, One Senior Place Care Management
3:30pm Chair Yoga w/ Senior Partner Care Services

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10am Grief Support Group w/ VITAS
10am Medicare Sales Seminar w/ Health First Health Plans Call to RSVP: 1-800-716-7737
Select Option 2
1pm Book Club *Currently Full*
2pm Benefits of Pre-Planning Your Cremation w/ National Cremation Society

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SPECIAL EVENT

Healthy Living Festival

10 AM - 1 PM

One Senior Place
8085 Spyglass Hill Rd.
Viera, FL 32940

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9am The Club
1pm Move Well. Live Well. Fitness Class w/ Eric Parent, Strength & Weight Loss Coaching
12pm Part 2 - Learn American Mahjong from a Mentor: A Two Part Beginner's Class Series w/ Mentor Sybil Jacobs
2:30pm Merry Money: A 3-Part Holiday Financial Series - Part 1: Don't Let The Holidays Haunt Your Wallet w/ Fifth Third Bank & Raymond James Financial

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10am Veterans' Benefits Explained: Unlocking Hidden Resources w/ Estate Planning & Elder Law Center of Brevard
2pm Iron-Clad Immunity: Building A Stronger Immune System w/ Dr. Haig John, Your Family Chiropractor

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10am Help Shape Our 2027 Seminar Calendar: Share Your Ideas! Collaborative Planning Session
3:30pm Chair Yoga w/ Senior Partner Care Services

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10am Medicaid Planning w/ William Johnson, P.A.
1pm Book Club *Currently Full*
6pm Medicare Sales Seminar w/ Health First Health Plans Call to RSVP: 1-800-716-7737
Select Option 2

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8am Functional Fitness w/ Mike Peterson
10am The Big Red Bus Blood Drive w/ OneBlood
2pm Trick-Or-Treat Local Business Edition! Trunks, Treats & Local Business Sweets

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Beyond the Uniform:

Connecting Veterans to Care, Benefits & Support



MODERATED BY:
Lisa Peake, RN, CCM, CDP
One Senior Place Care Management

OUR PANEL

- **Dr. Brandon Wormsbacher**
Chief Medical Officer - VA Healthcare System
- **Dr. Nyree Cirilo**
Counselor - Melbourne Vet Center
- **Deiby B. Legarda**
Program Specialist - VA Healthcare System
- **Tony Ingram**
Viera Lead Social Work - VA Healthcare System

Thursday,
October 1st
10 AM

SPECIALTY DONUTS & COFFEE
PROVIDED BY:



RSVP 321-751-6771 | 8085 Spyglass Hill Rd. Viera, FL 32940

Presented by: **Brevard HEALTH Alliance**

Healthy Living Festival

Friday, October 23
10AM - 1PM
One Senior Place

- FREE SCREENINGS
- MINI TALKS
- LUNCH & LEARN
- VENDORS & GIVEAWAYS



Wellness Talks

10-Minutes Each | Inspiring | Useful

- 10:30 **Heart Health** - Dr. Ravi Rao, Cardiologist
- 10:40 **Fall Prevention** - Next Day Access
- 10:50 **Memory: Aging or More?** - Autumn House
- 11:00 **Aging in Place** - Senior Partner Care Services
- 11:10 **Hearing & Brain Health** - Viera Clear Hearing
- 11:20 **Protect Yourself from Scams** - Rhodes Law
- 11:30 **Sponsor Spotlight**
- 11:45 **Lunch & Learn - Sexual Health & Intimacy**

Sponsored by:



Call 321.751.6771 to RSVP

8085 Spyglass Hill Rd. Viera, FL 32940



SENIOR JOB & VOLUNTEER FAIR

No experience necessary!

You'll be able to speak with local organizations seeking capable seniors looking for various opportunities.

FRIDAY, OCTOBER 9TH
10 AM - 12 PM
ONE SENIOR PLACE

8085 SPYGLASS HILL RD, VIERA, FL 32940

Participants include: Companion Animal Care of Brevard County, Health First Viera Hospital, Launch Credit Union, Senior Partner Care Services, SMS International Onshore Operations, Space Coast Symphony Orchestra, VITAS Healthcare... and more!



www.OneSeniorPlace.com

321-751-6771



TRICK-OR-TREAT: LOCAL BUSINESS EDITION!

Trunks, Treats & Local Business Sweets

Our Resident Businesses will be handing out candy and goodies from decorated trunks outside and festive tables inside!



CANDY & GOODIES FROM OUR RESIDENT BUSINESSES



COSTUME CONTEST & FUN PRIZES!



FAMILY FRIENDLY ALL AGES WELCOME!



FRIDAY, OCTOBER 30TH



2:00 PM



One Senior Place
8085 Spyglass Hill Rd, Viera, FL 32940



321-751-6771
OneSeniorPlace.com

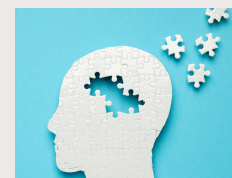
FREE SCREENINGS



LIVER SCANS

Monday, October 5th
Wednesday, October 21st
10 AM - 2 PM

Call 321-751-6771 to Schedule



MEMORY TESTS

Tuesdays,
October 6th & 20th
10 AM - 2 PM

Call 321-305-5015 to Schedule

WEEKLY FITNESS

MOVE WELL. LIVE WELL. FITNESS CLASS
MONDAYS
1 PM

FUNCTIONAL FITNESS
FRIDAYS
8 AM

WEEKLY CHAIR YOGA

WEDNESDAYS
3:30 PM

ONE SENIOR PLACE

8085 SPYGLASS HILL RD, VIERA, FL 32940

TO SEE FULL CALENDAR OF EVENTS VISIT:

OneSeniorPlace.com