



# JULY 2026



Updated 7/24/26

*All events are subject to change.*

Visit [OneSeniorPlace.com](https://www.OnSeniorPlace.com) or call **321-751-6771** for more information or to RSVP for any of our upcoming events.

## MONDAY

## TUESDAY

## WEDNESDAY

## THURSDAY

## FRIDAY

|                                                                                                                                                                                                                                          |                                                                                                                                                                                                                                                                                  |                                                                                                                                                                                                                                                                                                                                                                                                                                                  |                                                                                                                                                                                                                                                                                                                                                    |                                                                                                                                                                                                                                                                                                                                                        |
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| <br><b>6</b><br><b>8am</b> Functional Fitness w/ Mike Peterson<br><b>9am</b> The Club<br><b>10am</b> Liver Scans (By Appt Only)<br>Call 321-751-6771 to schedule<br><b>2pm</b> Adaptations: Up Close with Animal Biofacts w/ Brevard Zoo | <br><b>7</b><br><b>10am</b> Memory Testing (By Appt Only)<br>Call 321-305-5015 to schedule<br><b>2pm</b> Christmas in July Travel Party w/ Stefan's "Join the Fun Tours"<br>                                                                                                     | <br><b>8</b><br><b>10am</b> Liberty Company<br><b>11am</b> Benefits of Pre-Planning Your Cremation w/ National Cremation Society<br><b>3:30pm</b> Chair Yoga w/ Senior Partner Care Services                                                                                                                                                                                                                                                     | <br><b>9</b><br><b>10am</b> Mastering Your Phone w/ Gerald Delvaille, ITX Solutions<br><b>1pm</b> Book Club                                                                                                                                                                                                                                        | <br><b>10</b><br><b>CLOSED</b><br>IN OBSERVANCE<br>OF THE<br><b>4<sup>th</sup> of July</b><br>                                                                                                                                                                                                                                                         |
| <b>13</b><br><b>8am</b> Functional Fitness w/ Mike Peterson<br><b>9am</b> The Club<br><b>2pm</b> Medicare Basics w/ Carrie Kachur, Viera Insurance Professionals                                                                         | <b>14</b><br><b>11:30am</b> Ask the Doctor Lunch & Learn "Numbness, Tingling, and Burning: When It's More Than Just Nerves" w/ Dr. Gabriel Neves, Knight Neurology<br><b>2pm</b> BINGO! w/ Senior Partner Care Services                                                          | <b>15</b><br><b>10am</b> Law School for Life - Question & Answer Session Final Exam & Graduation w/ Rhodes Law, P.A.<br><b>10am</b> Stroke Support Group Facilitated by Sea Pines<br><b>10am</b> Liver Scans (By Appt Only)<br>Call 321-751-6771 to schedule<br><b>2pm</b> Alzheimer's & Dementia Support Group Facilitated by Lisa Peake, RN, Aging Care Expert at One Senior Place<br><b>3:30pm</b> Chair Yoga w/ Senior Partner Care Services | <b>16</b><br><b>10am</b> Medicare Sales Seminar w/ Health First<br>Call to RSVP: 1-800-716-7737<br><b>1pm</b> Book Club *Currently Full*                                                                                                                                                                                                           | <b>17</b><br><b>8am</b> Functional Fitness w/ Mike Peterson<br><b>2pm</b> BUNCO! w/ Senior Partner Care Service<br>                                                                                                                                                                                                                                    |
| <b>20</b><br><b>8am</b> Functional Fitness w/ Mike Peterson<br><b>9am</b> The Club<br><b>1pm</b> Summer Treats & Reel Fun! Ice Cream Truck Social & Movie Matinee - The <i>Devil</i> Wears Prada <b>2</b><br>                            | <b>21</b><br><b>10am</b> Memory Testing (By Appt Only)<br>Call 321-305-5015 to schedule<br><b>10am</b> Medicaid Planning w/ William Johnson, P.A.<br><b>12pm</b> Dietician Series: Mindless Eating w/ Susie Bond<br><b>5:30pm</b> iPhone & iPad Users Group w/ MacMad<br>        | <b>22</b><br><b>1pm</b> Lunch & Learn: Don't Tune Out Your Hearing Health w/ Scott Bigler, Viera Clear Hearing<br><b>3pm</b> Tech Help is Here: Cell Phone Edition w/ Mindcare Medics<br><b>3:30pm</b> Chair Yoga w/ Senior Partner Care Services                                                                                                                                                                                                | <b>23</b><br><b>10am</b> Beauty From Within: Healthy Skin Starts Here w/ Jessica Mooney, Founder of Soul Skin Florida<br><b>10am</b> Grief Support Group w/ VITAS<br><b>1pm</b> Book Club *Currently Full*<br><b>2pm</b> Benefits of Pre-Planning Your Cremation w/ National Cremation Society                                                     | <b>24</b><br><b>8am</b> Functional Fitness w/ Mike Peterson<br><b>11am</b> AARP Florida Melody & Memories<br><b>12pm</b> Tools to Quit Smoking<br>                                                                                                                                                                                                     |
| <b>27</b><br><b>9am</b> The Club<br><b>2pm</b> Medicare Basics w/ Carrie Kachur, Viera Insurance Professionals<br>                                                                                                                       | <b>28</b><br><b>10am</b> Veterans' Benefits Explained: Unlocking Hidden Resources w/ Estate Planning & Elder Law Center of Brevard<br><b>2pm</b> Stars, Stripes & Stories: Celebrating 250 Years of America w/ Lee Wyatt, III, Retired U.S. Army Colonel, Historian & Author<br> | <b>29</b><br><b>9am</b> AARP Safe Driver Class<br>Call Ken Stein 321-805-6833 to Register<br><b>10am</b> Travel Smart: Avoiding Summer Scams & Fraud w/ Fifth Third Bank and Stefan's "Join the Fun Tours" <b>Featuring Summer Mocktails &amp; Fruit Kebabs!</b><br><b>3pm</b> Let's Get Origami-ing w/ Mindcare Medics<br><b>3:30pm</b> Chair Yoga w/ Senior Partner Care Services<br>                                                          | <b>30</b><br><b>10am</b> Veterans Benefits w/ William Johnson, P.A.<br><b>1pm</b> Book Club *Currently Full*<br><b>12pm</b> Lunch & Learn - Joint Pain Isn't What It Used To Be: New Therapies That Are Changing The Game w/ Dr. Jhaveri, Health First<br><b>2pm</b> MUSIC BINGO! w/ Senior Partner Care Services & Rockledge Health and Rehab<br> | <b>31</b><br><b>8am</b> Functional Fitness w/ Mike Peterson<br><b>10am</b> Be The Superhero You've Lived Long Enough To Be! w/ Mike Peterson, Are We Living<br><b>2pm</b> Don't Let Vision Problems Cloud Your Summer: How to Protect Your Sight and Independence w/ Dr. Garcia, O.D., Space Coast Ophthalmology <b>Featuring Nostalgic Treats</b><br> |



**Saturday, July 25th**  
**11am - 2pm**

Sponsored by:



RHODES LAW, P.A.

# GRILLING FOR HEROES

Celebrating Our First Responders, Nurses & Educators Past and Present.

★ **BBQ Showcase**  
 Featuring 5 Star  
 Senior Living Chefs

★ **Kid Zone**  
 Water Slide, Ice Cream Truck  
 & Cotton Candy Station

★ **Music**

★ **Cooling Down Station**

★ **Indoor seating** with A/C available.



**8085 Spyglass Hill Rd, Viera | 321-751-6771**

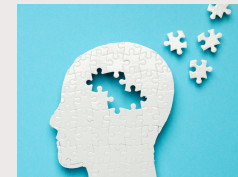
## FREE SCREENINGS



### LIVER SCANS

Monday, July 6th  
 Wednesday, July 15th  
 10 AM - 2 PM

Call 321-751-6771 to Schedule



### MEMORY TESTS

Tuesdays, July 7th & 21st  
 10 AM - 2 PM

Call 321-305-5015 to Schedule

## WEEKLY FITNESS

**FRIDAYS**  
**8 AM**

## WEEKLY CHAIR YOGA

**WEDNESDAYS**  
**3:30 PM**

**ONE SENIOR PLACE**

8085 SPYGLASS HILL RD, VIERA, FL 32940

**TO SEE FULL CALENDAR OF  
EVENTS VISIT:**

[OneSeniorPlace.com](http://OneSeniorPlace.com)