



# JULY 2026



*All events are subject to change.*  
 Visit [OneSeniorPlace.com](http://OneSeniorPlace.com) or call **321-751-6771** for more information or to RSVP for any of our upcoming events.

## MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY

				<p><b>CLOSED</b>        IN OBSERVANCE OF THE  <i>4<sup>th</sup> of July</i></p>
<p>6</p> <p><b>8am</b> Functional Fitness w/ Mike Peterson  <b>9am</b> The Club  <b>10am</b> Liver Scans (By Appt Only)  <i>Call 321-751-6771 to schedule</i>  <b>2pm</b> Adaptations: Up Close with Animal Biofacts w/ Brevard Zoo</p>	<p>7</p> <p><b>10am</b> Memory Testing (By Appt Only)  <i>Call 321-305-5015 to schedule</i>  <b>2pm</b> Christmas in July Travel Party w/ Stefan's "Join the Fun Tours"</p> <p><b>TRAVEL PARTY!</b></p>	<p>8</p> <p><b>10am</b> Liberty Company  <b>11am</b> Benefits of Pre-Planning Your Cremation w/ National Cremation Society  <b>3:30pm</b> Chair Yoga w/ Senior Partner Care Services</p> <p><b>10am</b> Your Vote is Your Voice w/ Tim Bobanic, Supervisor of Elections</p>	<p>9</p> <p><b>10am</b> Mastering Your Phone w/ Gerald Delvaille, ITX Solutions  <b>1pm</b> Book Club</p> <p><b>10am</b> Grief Support Group w/ VITAS  <b>10am</b> Planning for a Loved One with Special Needs w/ Estate Planning &amp; Elder Law Center of Brevard  <b>1pm</b> Book Club *Currently Full*</p>	<p>10</p> <p><b>8am</b> Functional Fitness w/ Mike Peterson  <b>10am</b> Senior Health Friday with Nurse Lisa Presents "Aging Heroes: Simple ways to protect your health and improve your quality of life"</p> <p><b>GRILLING FOR HEROES</b>  <i>FREE BBQ EVENT!</i></p>
<p>13</p> <p><b>8am</b> Functional Fitness w/ Mike Peterson  <b>9am</b> The Club  <b>2pm</b> Medicare Basics w/ Carrie Kachur, Viera Insurance Professionals</p>	<p>14</p> <p><b>11:30am</b> Ask the Doctor Lunch &amp; Learn "Numbness, Tingling, and Burning: When It's More Than Just Nerves" w/ Dr. Gabriel Neves, Knight Neurology  <b>2pm</b> BINGO! w/ Senior Partner Care Services</p>	<p>15</p> <p><b>10am</b> Law School for Life - Question &amp; Answer Session Final Exam &amp; Graduation w/ Rhodes Law, P.A.  <b>10am</b> Stroke Support Group Facilitated by Sea Pines  <b>10am</b> Liver Scans (By Appt Only)  <i>Call 321-751-6771 to schedule</i>  <b>2pm</b> Alzheimer's &amp; Dementia Support Group Facilitated by Lisa Peake, RN, Aging Care Expert at One Senior Place  <b>3:30pm</b> Chair Yoga w/ Senior Partner Care Services</p>	<p>16</p> <p><b>10am</b> Medicare Sales Seminar w/ Health First  <i>Call to RSVP: 1-800-716-7737</i>  <b>1pm</b> Book Club *Currently Full*</p>	<p>17</p> <p><b>8am</b> Functional Fitness w/ Mike Peterson  <b>2pm</b> BUNCO! w/ Senior Partner Care Service</p> <p><b>Play to WIN Gift Card Prizes!</b></p>
<p>20</p> <p><b>8am</b> Functional Fitness w/ Mike Peterson  <b>9am</b> The Club  <b>1pm</b> Summer Treats &amp; Reel Fun! Ice Cream Truck Social &amp; Movie Matinee - The <i>Devil</i> Wears Prada 2</p>	<p>21</p> <p><b>10am</b> Memory Testing (By Appt Only)  <i>Call 321-305-5015 to schedule</i>  <b>10am</b> Medicaid Planning w/ William Johnson, P.A.  <b>12pm</b> Dietician Series: Mindless Eating w/ Susie Bond  <b>5:30pm</b> iPhone &amp; iPad Users Group w/ MacMad</p>	<p>22</p> <p><b>1pm</b> Lunch &amp; Learn: Don't Tune Out Your Hearing Health w/ Scott Bigler, Viera Clear Hearing  <b>3pm</b> Tech Help is Here: Cell Phone Edition w/ Mindcare Medics  <b>3:30pm</b> Chair Yoga w/ Senior Partner Care Services</p>	<p>23</p> <p><b>10am</b> Beauty From Within: Healthy Skin Starts Here w/ Jessica Mooney, Founder of Soul Skin Florida  <b>10am</b> Grief Support Group w/ VITAS  <b>1pm</b> Book Club *Currently Full*  <b>2pm</b> Benefits of Pre-Planning Your Cremation w/ National Cremation Society</p>	<p>24</p> <p><b>8am</b> Functional Fitness w/ Mike Peterson  <b>11am</b> AARP Florida Melody &amp; Memories  <b>12pm</b> Tools to Quit Smoking</p>
<p>27</p> <p><b>8am</b> Functional Fitness w/ Mike Peterson  <b>9am</b> The Club  <b>2pm</b> Medicare Basics w/ Carrie Kachur, Viera Insurance Professionals</p>	<p>28</p> <p><b>10am</b> Veterans' Benefits Explained: Unlocking Hidden Resources w/ Estate Planning &amp; Elder Law Center of Brevard</p>	<p>29</p> <p><b>9am</b> AARP Safe Driver Class  <i>Call Ken Stein 321-805-6833 to Register</i>  <b>10am</b> Travel Smart: Avoiding Summer Scams &amp; Fraud w/ Fifth Third Bank and Stefan's "Join the Fun Tours" <i>Featuring Summer Mocktails &amp; Fruit Kebabs!</i>  <b>3pm</b> Let's Get Origami-ing w/ Mindcare Medics  <b>3:30pm</b> Chair Yoga w/ Senior Partner Care Services</p>	<p>30</p> <p><b>10am</b> Veterans Benefits w/ William Johnson, P.A.  <b>1pm</b> Book Club *Currently Full*  <b>12pm</b> Lunch &amp; Learn - Joint Pain Isn't What It Used To Be: New Therapies That Are Changing The Game w/ Dr. Jhaveri, Health First  <b>2pm</b> MUSIC BINGO! w/ Senior Partner Care Services &amp; Rockledge Health and Rehab</p>	<p>31</p> <p><b>8am</b> Functional Fitness w/ Mike Peterson  <b>10am</b> Be The Superhero You've Lived Long Enough To Be! w/ Mike Peterson, Are We Living  <b>2pm</b> Don't Let Vision Problems Cloud Your Summer: How to Protect Your Sight and Independence w/ Dr. Garcia, O.D., Space Coast Ophthalmology  <i>Featuring Nostalgic Treats</i></p>



# ONE SENIOR place

20TH ANNIVERSARY

**Saturday, July 25th**  
11am - 2pm

Sponsored by:



RHODES LAW, P.A.

# GRILLING FOR HEROES

Celebrating Our First Responders, Nurses & Educators Past and Present.

★ **BBQ Showcase**  
Featuring 5 Star Senior Living Chefs

★ **Cooling Down Station**

★ **Kid Zone**  
Water Slide, Ice Cream Truck & Cotton Candy Station

★ **Indoor seating** with A/C available.

★ **Music**



8085 Spyglass Hill Rd, Viera | 321-751-6771

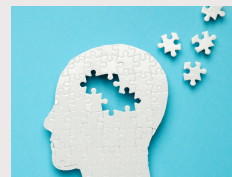
## FREE SCREENINGS



### LIVER SCANS

Monday, July 6th  
Wednesday, July 15th  
10 AM - 2 PM

Call 321-751-6771 to Schedule



### MEMORY TESTS

Tuesdays, July 7th & 21st  
10 AM - 2 PM

Call 321-305-5015 to Schedule

## WEEKLY FITNESS

**MONDAYS & FRIDAYS**  
**8 AM**

## WEEKLY CHAIR YOGA

**WEDNESDAYS**  
**3:30 PM**

**ONE SENIOR PLACE**

8085 SPYGLASS HILL RD, VIERA, FL 32940

**TO SEE FULL CALENDAR OF EVENTS VISIT:**

[OneSeniorPlace.com](http://OneSeniorPlace.com)