



JUNE 2026

All events are subject to change.
 Visit OneSeniorPlace.com or call 321-751-6771 for more information or to RSVP for any of our upcoming events.
 8085 Spyglass Hill Road, Viera, FL 32940

MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY

<p>8am Functional Fitness w/ Mike Peterson 9am The Club - Games & Social Club 10am Liver Scans (By Appt Only) Call 321-751-6771 to schedule 2pm Giraffe Chat: Learn about Brevard Zoo's Tower!</p>	<p>10am Memory Testing (By Appt Only) Call 321-305-5015 to schedule 10am Dietitian Series: Eating For A Healthy Heart w/ Susie Bond</p>	<p>10am Liberty Company 11am Benefits of Pre-Planning Your Cremation w/ National Cremation Society 3:30pm Chair Yoga w/ Senior Partner Care Services</p>	<p>THIS WAY </p> <p></p>	<p>MEN'S DAY 10 AM - 1 PM One Senior Place 8085 Spyglass Hill Rd</p> <p> </p>
<p>8am Functional Fitness w/ Mike Peterson 9am The Club - Games & Social Club 2pm Brain Games for Better Hearing w/ Scott Bigler, Viera Clear Hearing</p>	<p>2pm BINGO! w/ Senior Partner Care Services</p>	<p>10am Donut Miss Your Next Trip! w/ Stefan's "Join the Fun Tours" 3:30pm Chair Yoga w/ Senior Partner Care Services</p>	<p>10am Grief Support Group w/ VITAS 10am From 401(k) to Forever w/ Estate Planning & Elder Law Center of Brevard 1pm Book Club *Currently Full*</p>	<p>8am Functional Fitness w/ Mike Peterson 10am Senior Health Friday With Nurse Lisa Presents "Pressed Petals & Pages" w/ Senior Partner Care Services 10am Connected: A Spiritual Exploration & Support Group w/ Nina Dockery 12pm Men's Health Lunch & Learn: Feel Fine? Think Again - What's Really Going On With Men's Health After 50 w/ Dr. James Wilson, Family Medicine Health First 2pm BUNCO! w/ Senior Partner Care Services</p>
<p>8am Functional Fitness w/ Mike Peterson 9am The Club - Games & Social Club 2pm Medicare Basics w/ Carrie Kachur, Viera Insurance Professionals</p>	<p>10am Memory Testing (By Appt Only) Call 321-305-5015 to schedule 10am Medicaid Planning w/ William Johnson P.A. 2pm A Holistic Approach to Aging Gracefully w/ Sue Rapley 5:30pm iPhone & iPad Users Group w/ MacMad</p>	<p>10am Law School For Life: Scam Prevention 101 w/ Rhodes Law 10am Liver Scans (By Appt Only) Call 321-751-6771 to schedule 2pm Alzheimer's & Dementia Support Group Facilitated by Lisa Peake, RN, Aging Care Expert at One Senior Place 3:30pm Chair Yoga w/ Senior Partner Care Services</p>	<p>10am Medicare Sales Seminar w/ Health First Call to RSVP: 1-800-716-7737 1pm Book Club *Currently Full*</p>	<p>8am Functional Fitness w/ Mike Peterson</p>
<p>8am Functional Fitness w/ Mike Peterson 9am The Club - Games & Social Club</p>	<p>10am The Trust Factor: Building an Estate Plan That Protects, Preserves, and Delivers w/ Estate Planning & Elder Law Center 5:30pm Retire Well in Brevard: Happy Hour Wine & Cheese</p> <p></p>	<p>9am AARP Safe Driver Course Call Nancy at 973-607-7996 to Register 10am Ask the Doctor Brunch & Learn: "I Used To Be Able To Do That..." What's Actually Changing in Your Body w/ Dr. Sean Claeys, Brevard Health Alliance 3:30pm Chair Yoga w/ Senior Partner Care Services</p>	<p>10am Grief Support Group w/ VITAS 10am Estate Planning w/ William Johnson P.A. 1pm Book Club *Currently Full* 1pm Kitten Therapy Hour w/ Rhodes Law. P.A. & The Kitten Angel Rescue 2pm Benefits of Pre-Planning Your Cremation w/ National Cremation Society</p> <p></p>	<p>8am Functional Fitness w/ Mike Peterson 10am Connected: A Spiritual Exploration & Support Group w/ Nina Dockery 12pm Tools to Quit Smoking</p>
<p>8am Functional Fitness w/ Mike Peterson 9am The Club - Games & Social Club 9am AARP Safe Driver Course Call Nancy at 973-607-7996 to Register 2pm Helping Without Overstepping: A Real Life Guide for Caregivers</p>	<p></p>	<p>We Will Be Closed Friday, July 3rd In Observance of the 4th of July</p> <p></p>		



MEN'S DAY

RHODES LAW, P.A.
Call 321-751-6771 to **RSVP**

Friday, June 5th
10am - 1pm

- Luxury Car Show
- Cook Off
- Beer Tasting
- Free Giveaways

Door Prizes Vendors & More!



senior partner
Intiacoastal
Coastal Auto Rally & Show
SALTERRA AT MELBOURNE
ZON BEACHSIDE
MELBOURNE
PALM BAY MEMORY CARE
FOUR STAR real estate

MELBOURNE

8085 Spyglass Hill Rd, Viera, FL 32940 OneSeniorPlace.com

Happy Hour Wine & Cheese

RETIRE WELL

A real conversation about retirement, your parents, and your future

Angie Higgins, Director Moderator



You're helping your parents make big decisions while quietly wondering if you're doing the right things for your own future. Now it's your turn. From finances to housing, we'll help you start connecting the dots.

Tuesday, June 23rd

5:30pm (Happy Hour)

Our Expert Panel

- Lisa Peake Certified Care Manager
- Stefan Shields Join The Fun Tours
- James DeLaura Financial Advisor
- Nancy Bartlett Realtor
- Anna Howard Elder Law Attorney



RSVP Encouraged 321-751-6771
8085 Spyglass Hill Rd. Viera, FL 32940
OneSeniorPlace.com



HealthFirst Health Plans

FEEL FINE? THINK AGAIN.

WHAT'S REALLY GOING ON WITH MEN'S HEALTH AFTER 50

You don't have to feel sick to have a problem. Join us to learn the key health markers and risks every man should be paying attention to right now.



Dr. James Wilson, MD
Family Medicine | Health First

Dr. Wilson is a Family Medicine physician with Health First, known for his patient-centered approach and decades of experience. He focuses on prevention, chronic disease management, and helping patients stay active and independent.

Friday, June 12th
12pm

RSVP Required for **FREE** lunch

321-751-6771 8085 Spyglass Hill Rd, Viera, FL 32940 OneSeniorPlace.com

Already Helping? Now What?

You've stepped in... but now you're wondering if you're doing too much or not enough.


Helping Without Overstepping

A REAL-LIFE GUIDE FOR CAREGIVERS

Our Experts

- Lisa Peake RN, CCM, CDP senior partner
- Deidra Shubert MS, BCBA, CDP, CADDCT FLOURISH RESEARCH

Monday June 29th
2PM



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FREE SCREENINGS



LIVER SCANS

Monday, June 1st
Wednesday, June 17th
10 AM - 2 PM

Call 321-751-6771 to Schedule



MEMORY TESTS

Tuesdays, June 2nd & 16th
10 AM - 2 PM

Call 321-305-5015 to Schedule

WEEKLY FITNESS

MONDAYS & FRIDAYS
8 AM

WEEKLY CHAIR YOGA

WEDNESDAYS
3:30 PM

ONE SENIOR PLACE
8085 SPYGLASS HILL RD, VIERA, FL 32940

TO SEE FULL CALENDAR OF EVENTS VISIT:

OneSeniorPlace.com