



# JUNE 2026

*All events are subject to change.*  
 Visit [OneSeniorPlace.com](http://OneSeniorPlace.com) or call 321-751-6771 for more information or to RSVP for any of our upcoming events.  
 8085 Spyglass Hill Road, Viera, FL 32940

## MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY

**1**  
**9am** The Club - Games & Social Club  
**10am** Liver Scans (By Appt Only)  
 Call 321-751-6771 to schedule  
**2pm** Giraffe Chat: Learn about Brevard Zoo's Tower!

**2**  
**10am** Memory Testing (By Appt Only)  
 Call 321-305-5015 to schedule  
**10am** Dietitian Series: Eating For A Healthy Heart w/ Susie Bond

**3**  
**10am** Liberty Company  
**11am** Benefits of Pre-Planning Your Cremation w/ National Cremation Society  
**3:30pm** Chair Yoga w/ Senior Partner Care Services

**4**  
**THIS WAY**   
  
**11**

**5**  
**MEN'S DAY**  
**10 AM - 1 PM**  
 One Senior Place  
 8085 Spyglass Hill Rd  
  
  
**12**

**8**  
**8am** Functional Fitness w/ Mike Peterson  
**9am** The Club - Games & Social Club  
**2pm** Brain Games for Better Hearing w/ Scott Bigler, Viera Clear Hearing

**9**  
**2pm** BINGO! w/ Senior Partner Care Services

**10**  
**10am** Donut Miss Your Next Trip! w/ Stefan's "Join the Fun Tours"  
**3:30pm** Chair Yoga w/ Senior Partner Care Services

**11**  
**10am** Grief Support Group w/ VITAS  
**10am** From 401(k) to Forever w/ Estate Planning & Elder Law Center of Brevard  
**1pm** Book Club \*Currently Full\*

**12**  
**8am** Functional Fitness w/ Mike Peterson  
**10am** Senior Health Friday With Nurse Lisa Presents "Pressed Petals & Pages" w/ Senior Partner Care Services  
**12pm** Men's Health Lunch & Learn: Feel Fine? Think Again - What's Really Going On With Men's Health After 50 w/ Dr. James Wilson, Family Medicine | Health First  
**2pm** BUNCO! w/ Senior Partner Care Services

**15**  
**8am** Functional Fitness w/ Mike Peterson  
**9am** The Club - Games & Social Club  
**2pm** Medicare Basics w/ Carrie Kachur, Viera Insurance Professionals

**16**  
**10am** Memory Testing (By Appt Only)  
 Call 321-305-5015 to schedule  
**10am** Medicaid Planning w/ William Johnson P.A.  
**2pm** A Holistic Approach to Aging Gracefully w/ Sue Rapley  
**5:30pm** iPhone & iPad Users Group w/ MacMad

**17**  
**10am** Law School For Life: Scam Prevention 101 w/ Rhodes Law  
**10am** Liver Scans (By Appt Only)  
 Call 321-751-6771 to schedule  
**2pm** Alzheimer's & Dementia Support Group Facilitated by Lisa Peake, RN, Aging Care Expert at One Senior Place  
**3:30pm** Chair Yoga w/ Senior Partner Care Services

**18**  
**10am** Medicare Sales Seminar w/ Health First  
 Call to RSVP: 1-800-716-7737  
**1pm** Book Club \*Currently Full\*

**19**  
**8am** Functional Fitness w/ Mike Peterson

**22**  
**8am** Functional Fitness w/ Mike Peterson  
**9am** The Club - Games & Social Club

**23**  
**10am** The Trust Factor: Building an Estate Plan That Protects, Preserves, and Delivers w/ Estate Planning & Elder Law Center  
**5:30pm** Retire Well in Brevard: Happy Hour Wine & Cheese  


**24**  
**9am** AARP Safe Driver Course  
 Call Nancy at 973-607-7996 to Register  
**10am** Ask the Doctor Brunch & Learn: "I Used To Be Able To Do That..." What's Actually Changing in Your Body w/ Dr. Sean Claeys, Brevard Health Alliance  
**3:30pm** Chair Yoga w/ Senior Partner Care Services

**25**  
**10am** Grief Support Group w/ VITAS  
**10am** Estate Planning w/ William Johnson P.A.  
**1pm** Book Club \*Currently Full\*  
**1pm** Kitten Therapy Hour w/ Rhodes Law. P.A. & The Kitten Angel Rescue  
**2pm** Benefits of Pre-Planning Your Cremation w/ National Cremation Society  


**26**  
**8am** Functional Fitness w/ Mike Peterson  
**12pm** Tools to Quit Smoking

**29**  
**8am** Functional Fitness w/ Mike Peterson  
**9am** The Club - Games & Social Club  
**9am** AARP Safe Driver Course  
 Call Nancy at 973-607-7996 to Register  
**2pm** Helping Without Overstepping: A Real Life Guide for Caregivers  


**30**  
**1pm** Brain Health & Alzheimer's Awareness Event

**We Will Be Closed Friday, July 3rd**  
**In Observance of the 4<sup>th</sup> of July**  




# MEN'S DAY

Friday, June 5th  
10am - 1pm

- Luxury Car Show
- Cook Off
- Beer Tasting
- Free Giveaways

Door Prizes Vendors & More!



Call 321-751-6771 to **RSVP**

RHODES LAW, P.A.

senior partner, Intiacoastal, Coastal Auto Rally & Show, SALTERRA AT MELBOURNE, ZON BEACHSIDE, MELBOURNE, PALM BAY MEMORY CARE, Mercedes-Benz of Melbourne, FOUR STAR real estate

MELBOURNE

8085 Spyglass Hill Rd, Viera, FL 32940 OneSeniorPlace.com

## Happy Hour Wine & Cheese

# RETIRE WELL

A real conversation about retirement, your parents, and your future

Angie Higgins, Director Moderator



You're helping your parents make big decisions while quietly wondering if you're doing the right things for your own future. Now it's your turn. From finances to housing, we'll help you start connecting the dots.

### Tuesday, June 23rd

5:30pm (Happy Hour)



Our Expert Panel

- Lisa Peake Certified Care Manager
- Stefan Shields Join The Fun Tours
- James DeLaura Financial Advisor
- Nancy Bartlett Realtor
- Anna Howard Elder Law Attorney

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RSVP Encouraged 321-751-6771 8085 Spyglass Hill Rd. Viera, FL 32940 OneSeniorPlace.com

# HealthFirst Health Plans

## Men's Health Lunch & Learn

### FEEL FINE? THINK AGAIN.

WHAT'S REALLY GOING ON WITH MEN'S HEALTH AFTER 50

You don't have to feel sick to have a problem. Join us to learn the key health markers and risks every man should be paying attention to right now.



Dr. James Wilson, MD  
Family Medicine | Health First

Dr. Wilson is a Family Medicine physician with Health First, known for his patient-centered approach and decades of experience. He focuses on prevention, chronic disease management, and helping patients stay active and independent.

Friday, June 12th  
12pm

RSVP Required for FREE lunch

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## Already Helping? Now What?

You've stepped in... but now you're wondering if you're doing too much or not enough.

# Helping Without Overstepping

A REAL-LIFE GUIDE FOR CAREGIVERS

Our Experts

- Lisa Peake RN, CCM, CDP senior partner
- Deidra Shubert MS, BCBA, CDP, CADDCT FLOURISH RESEARCH

Monday June 29th 2PM

Bring a Friend

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# FREE SCREENINGS

## LIVER SCANS

Monday, June 1<sup>st</sup>  
Wednesday, June 17<sup>th</sup>  
10 AM - 2 PM


Call 321-751-6771 to Schedule



## MEMORY TESTS

Tuesdays, June 2<sup>nd</sup> & 16<sup>th</sup>  
10 AM - 2 PM

Call 321-305-5015 to Schedule



# WEEKLY FITNESS

MONDAYS & FRIDAYS  
8 AM

# WEEKLY CHAIR YOGA

WEDNESDAYS  
3:30 PM

## ONE SENIOR PLACE

8085 SPYGLASS HILL RD, VIERA, FL 32940

## TO SEE FULL CALENDAR OF EVENTS VISIT:

OneSeniorPlace.com