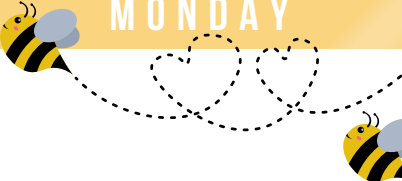
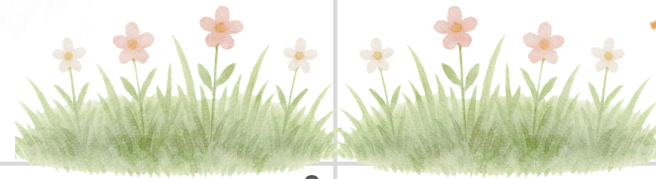







MAY 2026

All events are subject to change.
 Visit OneSeniorPlace.com or call 321-751-6771 for more information or to RSVP for any of our upcoming events.
 8085 Spyglass Hill Road, Viera, FL 32940

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
 <p>4</p> <p>8am Functional Fitness w/ Mike Peterson, Are We Living 9am The Club - Games & Social Club 10am Liver Scans (By Appt Only) Call 321-751-6771 to schedule 2pm Florida Then & Now Interactive Fossil Experience w/ The Brevard Zoo</p>	<p>5</p> <p>10am Memory Testing (By Appt Only) Call 321-305-5015 to schedule 10am Dietitian Series: The Power of Antioxidants w/ Susie Bond</p>	 <p>6</p> <p>10am Liberty Company 11am Considering Cremation w/ National Cremation Society 3:30pm Chair Yoga w/ Senior Partner Care Services</p>	 <p>7</p> <p>10am Love the Skin You're In: Caring for your skin as you age 1pm Viera 2026: Big Changes Are Coming...Be the First to Hear What's Happening Next w/ The Viera Company 1pm Book Club *Currently Full*</p>	 <p>WOMEN'S DAY 10am - 1pm One Senior Place 8085 Spyglass Hill Rd</p> <p>8</p> <p>8am Functional Fitness w/ Mike Peterson, Are We Living 10am Senior Health Friday With Nurse Lisa Presents "Beautifully Unbroken: Finding Strength After a Cancer Diagnosis" 2pm BUNCO! w/ Senior Partner Care Services</p>
<p>11</p> <p>8am Functional Fitness w/ Mike Peterson, Are We Living 9am The Club - Games & Social Club 2pm Gratitude and Remembrance: A Mother's Legacy of Love w/ VITAS</p>	<p>12</p> <p>11:30am Ask the Doctor Lunch & Learn: The Silent Health Risks Women Over 55 Can't Ignore w/ Dr. Mary Lynn Perry, Brevard Health Alliance 2pm BINGO! w/ Senior Partner Care Services</p>	<p>13</p> <p>11am AARP Senior Appreciation Day 3:30pm Chair Yoga w/ Senior Partner Care Services</p>	<p>14</p> <p>10am Grief Support Group w/ VITAS 10am Medicare Supplemental Plans w/ Estate Planning & Elder Law Center of Brevard 1pm Book Club *Currently Full*</p>	<p>15</p> <p>8am Functional Fitness w/ Mike Peterson, Are We Living 10am Mastering Your Phone w/ Gerald Delvaille, ITX Solutions 10am Connected: A Spiritual Exploration & Support Group w/ Nina Dockery</p>
<p>18</p> <p>8am Functional Fitness w/ Mike Peterson, Are We Living 9am The Club - Games & Social Club 2pm Wine & Cheese Event: Big Bucket List w/ Stefan's Join the Fun Tours</p>	<p>19</p> <p>10am Memory Testing (By Appt Only) Call 321-305-5015 to schedule 10am Estate Planning w/ William Johnson, P.A. 2pm Movie Matinee: Up Close & Personal - Reel Fun at One Senior Place! 5:30pm iPhone & iPad Users Group w/ MacMad</p>	<p>20</p> <p>10am Law School For Life: Probate Law 101 w/ Rhodes Law 10am Liver Scans (By Appt Only) Call 321-751-6771 to schedule 2pm Alzheimer's & Dementia Support 3:30pm Chair Yoga w/ Senior Partner Care Services</p>	<p>21</p> <p>10am Medicare Sales Seminar w/ Health First Call to RSVP: 1-800-716-7737 1pm Book Club *Currently Full*</p>	<p>22</p> <p>8am Functional Fitness w/ Mike Peterson, Are We Living 12pm Tools to Quit Smoking 3pm Let's Get Origami-ing w/ Mindcare Medics</p>
<p>CLOSED for Memorial Day</p>  <p>25</p>	<p>26</p> <p>10am Remember a Veteran: Memorial Day Service w/ VITAS 2pm Healthy Bones, Healthy You w/ Dr. Haig John</p>	<p>27</p> <p>9am AARP Safe Driver Course Call Nancy at 973-607-7996 to Register 10am Before the Storm: Hurricane 2026 Expert Panel Discussion 2pm Max Meditation w/ Sue Rapley 3:30pm Chair Yoga w/ Senior Partner Care Services</p>	<p>28</p> <p>10am Special Needs Trusts w/ William Johnson P.A. 10am Grief Support Group w/ VITAS 1pm Book Club *Currently Full* 2pm Considering Cremation w/ National Cremation Society</p>	<p>29</p> <p>8am Functional Fitness w/ Mike Peterson, Are We Living 10am Connected: A Spiritual Exploration & Support Group w/ Nina Dockery 3pm Tech Help is Here: Laptop Edition w/ Mindcare Medics</p>

WOMEN'S DAY 2026

We want to celebrate YOU!

Join us for a day of fashion, fun, and fabulous finds.

Friday, May 1st
10 AM - 1 PM
One Senior Place

8085 Spyglass Hill Rd, Viera, FL 32940



FREE GIVEAWAYS

FASHION SHOW

SIGNATURE COCKTAIL/MOCKTAIL

HORS D'OEUVRES

SELF-CARE VENDORS

COMPLIMENTARY CHAIR MESSAGES

SALSA DANCING DEMO

SPONSORED BY:



SELF-CARE VENDORS



OneSeniorPlace.com | Call 321-751-6771 to RSVP



Let's Get Origami-ing

Come fold, laugh, and create with Mindcare Medics teens in this beginner-friendly origami class—supplies included.

Friday, May 22ND
3PM TO 4PM

RSVP
321-751-6771



8085 Spyglass Hill Rd, Viera, FL 32940 | OneSeniorPlace.com



Join AARP Florida for a Day of Friendship and Fun!

We're celebrating our 3rd Annual Senior Appreciation event in Brevard County. Enjoy live sax music, character performers, a delicious pizza lunch from Time Square Diner, and fun activities. Connect with fellow seniors, AARP members, and volunteers, plus learn about upcoming free events. We look forward to seeing you there!



Wednesday
May 13, 2026
11am to 1pm



8085 Spyglass Hill Rd, Viera, FL 32940 | Call 321.751.6771 to RSVP



HURRICANE 2026 ARE YOU READY?

WHAT THE EXPERTS ARE SEEING... AND WHAT YOU MUST DO NOW

Wednesday, May 27th
10 AM to 12 PM

One Senior Place
8085 Spyglass Hill Rd
Viera, FL 32940

Call to Register
321-751-6771
OneSeniorPlace.com

Hurricane season is getting stronger—and waiting until the last minute is not an option. Join our expert panel featuring Brevard Fire & Rescue, the National Weather Service, and One Senior Place Nurse Care Management, as they break down what's on the radar for 2026 and how to prepare before it's too late.

OUR PANELIST:



Registered guests will receive a hurricane prep kit (while supplies last).

FREE SCREENINGS



LIVER SCANS

Monday, May 4th
Wednesday, May 20th
10 AM - 2 PM

Call 321-751-6771 to Schedule



MEMORY TESTS

Tuesdays, Apr. 5th & 19th
10 AM - 2 PM

Call 321-305-5015 to Schedule

WEEKLY FITNESS

MONDAYS & FRIDAYS
8 AM

WEEKLY CHAIR YOGA

WEDNESDAYS
3:30 PM

ONE SENIOR PLACE

8085 SPYGLASS HILL RD, VIERA, FL 32940

TO SEE FULL CALENDAR OF EVENTS VISIT:

OneSeniorPlace.com