



# APRIL 2026



*All events are subject to change.*  
 Visit [OneSeniorPlace.com](http://OneSeniorPlace.com) or call 321-751-6771 for more information or to RSVP for any of our upcoming events.  
 8085 Spyglass Hill Road, Viera, FL 32940

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>BLOOM</b>		1 10am Liberty Company 11am Considering Cremation w/ National Cremation Society	2 <i>20th Anniversary Celebration!</i> 4pm - 6pm One Senior Place 8085 Spyglass Hill Rd	3 10am Connected: A Spiritual Exploration & Support Group w/ Nina Dockery 10am "Now is When Fitness Matters Most!" Seminar w/ Mike Peterson, Are We Living
6 8am Functional Fitness w/ Mike Peterson, Are We Living 9am The Club - Games & Social Club 10am Liver Scans (By Appt Only) Call 321-751-6771 to schedule 2pm Don't Get Scammed! Safeguard Your Identity and Assets w/ Fifth Third Bank	7 10am Memory Testing (By Appt Only) Call 321-305-5015 to schedule 10am Dietitian Series: Preventing Osteoporosis w/ Susie Bond	8 11:30am Lunch & Learn Q&A Panel - Parkinson's Care At Home: Are You Prepared? 2pm Chakras 101: Understanding Your Body's Energy Centers w/ Sue Rapley 3:30pm Chair Yoga w/ Senior Partner Care Services	9 10am Grief Support Group w/ VITAS 10am Incapacity Happens w/ Estate Planning & Elder Law Center of Brevard Powered by The Law For All 1pm Book Club *Currently Full* 2pm Egg-Cellent Spring Craft Social w/ Rhodes Law, P.A.	10 8am Functional Fitness w/ Mike Peterson, Are We Living 11am Senior Health Friday With Nurse Lisa "Pulmonary Health & Aging: Protecting Your Breath!" 2pm BUNCO! w/ Senior Partner Care Services
13 8am Functional Fitness w/ Mike Peterson, Are We Living 9am The Club - Games & Social Club	14 2pm SNACK BINGO! w/ VITAS & Senior Partner Care Services	15 10am Liver Scans (By Appt Only) Call 321-751-6771 to schedule 10am Law School For Life: Guardianship Planning 101 w/ Rhodes Law 10am Stroke Support Group w/ Sea Pines 2pm Alzheimer's & Dementia Support w/ Alura Senior Living 3:30pm Chair Yoga w/ Senior Partner Care Services	16 10am Medicare Sales Seminar w/ Health First Call to RSVP: 1-800-716-7737 1pm Book Club *Currently Full*	17 <i>A Taste of Senior Living</i> <b>Chef Competition</b> 11am - 1pm Center for Collaboration 1100 Rockledge Blvd 8am Functional Fitness w/ Mike Peterson, Are We Living 10am Connected: A Spiritual Exploration & Support Group w/ Nina Dockery
20 8am Functional Fitness w/ Mike Peterson, Are We Living 9am The Club - Games & Social Club 2pm Pack Your Bags...Let's Talk Travel! Meet & Greet w/ Stefan's "Join the Fun Tours"	21 10am Memory Testing (By Appt Only) Call 321-305-5015 to schedule 10am Estate Planning w/ William Johnson, P.A. 2pm Puzzle Swap: Bring a Puzzle, Take a Puzzle! 5:30pm iPhone & iPad Users Group w/ MacMad	22 10am Stay Steady: Foot Care For Healthy Aging w/ Senior Partner Care Services 2pm Financial Reset: Understanding Your Finances w/ Raymond James' Financial Advisor, Jim DeLaura 3:30pm Chair Yoga w/ Senior Partner Care Services	23 10am Grief Support Group w/ VITAS 1pm Book Club *Currently Full* 2pm Considering Cremation w/ National Cremation Society 4pm Tech Help is Here: Cell Phone Edition w/ Mindcare Medics	24 8am Functional Fitness w/ Mike Peterson, Are We Living 12pm Tools to Quit Smoking 2pm Dolly Parton BINGO hosted by Zon Beachside
27 8am Functional Fitness w/ Mike Peterson, Are We Living 9am The Club - Games & Social Club 2pm Monkey Business at OSP: Spider Monkey Chat - Learn about the Brevard Zoo Troop!	28 10am Dealing with Debts After Death: Your Legal Options w/ Estate Planning & Elder Law Center 2pm Looking for Relief from Neuropathy? w/ Dr. Haig John	29 9am AARP Safe Driver Class Call Nancy at 973-607-7996 to Register 10am What to Know Before You Need Memory Care 3:30pm Chair Yoga w/ Senior Partner Care Services	30 10am Medicaid Planning w/ William Johnson P.A.	<i>Mark Your Calendar</i> <b>WOMEN'S DAY</b> 

# A Taste of Senior Living

**FREE EVENT!**

## Chef Competition & Senior Living Options Day

Enjoy food samples from the Chef Competition and vote for the **Best Chef in Senior Living!** While you're here, compare Brevard's best senior living communities all in one place!

- Appetizers & Desserts
- Giveaways
- Senior Living Resources
- Vendors & Information

**Friday, April 17, 2026 • 11am-1pm**

Registration 10:30am, Doors open at 11:00am

**WHERE:**  
Center for Collaboration 1100 Rockledge Blvd (Hwy 1), Rockledge



**THANK YOU TO OUR SPONSORS**



RSVP 321-751-6771 | [www.OneSeniorPlace.com](http://www.OneSeniorPlace.com)



## TECH HELP IS HERE!

LOCAL HIGH SCHOOL STUDENTS ARE HERE TO HELP YOU ONE-ON-ONE

**WHAT WE CAN HELP WITH:**

- Cell Phone Edition**
- TEXTING & PHOTOS
  - APPS & SETTINGS
  - FACEBOOK & EMAIL HELP

**THURSDAY, APRIL 23RD 4PM TO 5PM**

**RSVP 321-751-6771**



**MEET MINDCARE MEDICS**

Mindcare Medics, a student group dedicated to supporting seniors, building connections, and making technology easier, in partnership with the Youth Movement Against Alzheimer's to break stigma and create meaningful connections between seniors and teens.

**JOIN THE FUN**  
Meet Join The Fun Tours

## Pack Your Bags... Let's Talk Travel!

Join us for a fun and informative meet & greet with Stefan, owner of Join the Fun Tours. Discover affordable, stress-free trips designed with seniors in mind: from group getaways to unforgettable destinations. Come ask questions, get inspired, and start planning your next adventure!

**Monday, April 20th 2pm to 3pm**

**RSVP 321-751-6771**

8085 Spyglass Hill Rd, Viera, FL 32940 | [OneSeniorPlace.com](http://OneSeniorPlace.com)

# FREE SCREENINGS



## LIVER SCANS

Monday, Apr. 6<sup>th</sup>  
Wednesday, Apr. 15<sup>th</sup>  
10 AM - 2 PM

Call 321-751-6771 to Schedule



## MEMORY TESTS

Tuesdays, Apr. 7<sup>th</sup> & 21<sup>st</sup>  
10 AM - 2 PM

Call 321-305-5015 to Schedule

# WEEKLY FITNESS

**MONDAYS & FRIDAYS 8 AM**

# WEEKLY CHAIR YOGA

**WEDNESDAYS 3:30 PM**

**ONE SENIOR PLACE**  
8085 SPYGLASS HILL RD, VIERA, FL 32940

**TO SEE FULL CALENDAR OF EVENTS VISIT:**

[OneSeniorPlace.com](http://OneSeniorPlace.com)


# MONKEY BUSINESS at OSP

## Up Close with Brevard Zoo's Spider Monkeys

Ever wondered what spider monkeys are really like? Come hear directly from Brevard Zoo as they share fun facts, stories, and behind-the-scenes insight on their troop. It's interactive, entertaining, and perfect for animal lovers!

**Monday, April 27th 2 PM**

**One Senior Place**  
8085 Spyglass Hill Rd, Viera, FL 32940

Presented by: 

Call 321-751-6771 to RSVP | [OneSeniorPlace.com](http://OneSeniorPlace.com)