



APRIL 2026



All events are subject to change.
 Visit OneSeniorPlace.com or call 321-751-6771 for more information or to RSVP for any of our upcoming events.
 8085 Spyglass Hill Road, Viera, FL 32940

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BLOOM		1 10am Liberty Company 11am Considering Cremation w/ National Cremation Society	2 <i>20th Anniversary Celebration!</i> 4pm - 6pm One Senior Place 8085 Spyglass Hill Rd	3 10am Connected: A Spiritual Exploration & Support Group w/ Nina Dockery 10am "Now is When Fitness Matters Most!" Seminar w/ Mike Peterson, Are We Living
6 8am Functional Fitness w/ Mike Peterson, Are We Living 9am The Club - Games & Social Club 10am Liver Scans (By Appt Only) Call 321-751-6771 to schedule 2pm Don't Get Scammed! Safeguard Your Identity and Assets w/ Fifth Third Bank	7 10am Memory Testing (By Appt Only) Call 321-305-5015 to schedule 10am Dietitian Series: Preventing Osteoporosis w/ Susie Bond	8 11:30am Lunch & Learn Q&A Panel - Parkinson's Care At Home: Are You Prepared? 2pm Chakras 101: Understanding Your Body's Energy Centers w/ Sue Rapley 3:30pm Chair Yoga w/ Senior Partner Care Services	9 10am Grief Support Group w/ VITAS 10am Incapacity Happens w/ Estate Planning & Elder Law Center of Brevard Powered by The Law For All 1pm Book Club *Currently Full* 2pm Egg-Cellent Spring Craft Social w/ Rhodes Law, P.A.	10 8am Functional Fitness w/ Mike Peterson, Are We Living 11am Senior Health Friday With Nurse Lisa "Pulmonary Health & Aging: Protecting Your Breath!" 2pm BUNCO! w/ Senior Partner Care Services
13 8am Functional Fitness w/ Mike Peterson, Are We Living 9am The Club - Games & Social Club	14 2pm SNACK BINGO! w/ VITAS & Senior Partner Care Services	15 10am Liver Scans (By Appt Only) Call 321-751-6771 to schedule 10am Law School For Life: Guardianship Planning 101 w/ Rhodes Law 2pm Alzheimer's & Dementia Support 3:30pm Chair Yoga w/ Senior Partner Care Services	16 10am Medicare Sales Seminar w/ Health First Call to RSVP: 1-800-716-7737 1pm Book Club *Currently Full*	17 <i>A Taste of Senior Living</i> Chef Competition 11am - 1pm Center for Collaboration 1100 Rockledge Blvd 8am Functional Fitness w/ Mike Peterson, Are We Living 10am Connected: A Spiritual Exploration & Support Group w/ Nina Dockery
20 8am Functional Fitness w/ Mike Peterson, Are We Living 9am The Club - Games & Social Club 2pm Pack Your Bags...Let's Talk Travel! Meet & Greet w/ Stefan's "Join the Fun Tours"	21 10am Memory Testing (By Appt Only) Call 321-305-5015 to schedule 10am Estate Planning w/ William Johnson, P.A. 2pm Puzzle Swap: Bring a Puzzle, Take a Puzzle! 5:30pm iPhone & iPad Users Group w/ MacMad	22 10am Law School For Life: Guardianship Planning 101 w/ Rhodes Law 2pm Financial Reset: Understanding Your Finances w/ Raymond James' Financial Advisor, Jim DeLaura 3:30pm Chair Yoga w/ Senior Partner Care Services	23 10am Grief Support Group w/ VITAS 1pm Book Club *Currently Full* 2pm Considering Cremation w/ National Cremation Society 4pm Tech Help is Here: Cell Phone Edition w/ Mindcare Medics	24 8am Functional Fitness w/ Mike Peterson, Are We Living 12pm Tools to Quit Smoking 2pm Dolly Parton BINGO hosted by Zon Beachside
27 8am Functional Fitness w/ Mike Peterson, Are We Living 9am The Club - Games & Social Club	28 10am Dealing with Debts After Death: Your Legal Options w/ Estate Planning & Elder Law Center 2pm Looking for Relief from Neuropathy? w/ Dr. Haig John	29 9am AARP Safe Driver Class Call Nancy at 973-607-7996 to Register 10am What to Know Before You Need Memory Care 3:30pm Chair Yoga w/ Senior Partner Care Services	30 10am Medicaid Planning w/ William Johnson P.A.	Mark Your Calendar WOMEN'S DAY MAY 1



ONE SENIOR PLACE
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20TH ANNIVERSARY

INVITES YOU TO CELEBRATE

20 YEARS!

For 20 years, you've trusted One Senior Place as your go-to resource. Join us for a celebratory cocktail hour as we say thank you—with live music, delicious refreshments, and great company.

THURSDAY, APRIL 2, 2026

4-6 P.M. **ONE SENIOR PLACE**
8085 Spyglass Hill Rd
Viera, FL 32940

Plus ones are welcome.
RSVP required for all guests.
321-751-6771

Sponsored By:   



ONE SENIOR PLACE
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20TH ANNIVERSARY

PARKINSON'S CARE AT HOME: Are You Prepared?

Caring for someone with Parkinson's at home can feel overwhelming. Our panel of professionals shares real-world guidance on adapting the home, managing symptoms, and finding the right support.

WEDNESDAY, APRIL 8TH
11:30AM

ONE SENIOR PLACE
8085 SPYGLASS HILL RD, VIERA, FL 32940

MEET THE PANEL

MICA ALLEN, BOARD CHAIR 	JAMIE POWELL, OWNER 	ANN COLLEY, BSN, MBA, COS-C 	LISA PERKE, RN, CGM 
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Call 321-751-6771 to RSVP OneSeniorPlace.com



Scam Caller Telemarketer

DON'T GET SCAMMED: SAFEGUARD YOUR IDENTITY AND ASSETS

Join the Fifth Third Bank for an informative session on how to avoid common scams targeting seniors. Learn about the latest fraud tactics and how to protect your personal information and finances.

FIFTH THIRD

- Recognizing Common Scam Tactics
- Protecting Your Personal Information
- Avoiding Fraudulent Transactions
- Online Safety Practices
- Reporting Scams

Monday April 6th 2 PM
One Senior Place
8085 Spyglass Hill Rd, Viera, FL 32940



 OneSeniorPlace.com Call 321-751-6771 to RSVP

PRESENTED BY:  **RHODES LAW, P.A.**

ONE SENIOR PLACE
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20TH ANNIVERSARY

A Taste of Senior Living

FREE EVENT! **Chef Competition & Senior Living Options Day**

Enjoy food samples from the Chef Competition and vote for the **Best Chef in Senior Living!** While you're here, compare Brevard's best senior living communities all in one place!

- Appetizers & Desserts
- Senior Living Resources
- Giveaways
- Vendors & Information

Friday, April 17, 2026 • 11am-1pm
Registration 10:30am, Doors open at 11:00am
WHERE: Center for Collaboration 1100 Rockledge Blvd (Hwy 1), Rockledge

THANK YOU TO OUR SPONSORS



RSVP 321-751-6771 | www.OneSeniorPlace.com

FREE SCREENINGS

LIVER SCANS
Monday, Apr. 6th
Wednesday, Apr. 15th
10 AM - 2 PM

Call 321-751-6771 to Schedule

MEMORY TESTS
Tuesdays, Apr. 7th & 21st
10 AM - 2 PM

Call 321-305-5015 to Schedule

WEEKLY FITNESS

MONDAYS & FRIDAYS
8 AM

WEEKLY CHAIR YOGA

WEDNESDAYS
3:30 PM

ONE SENIOR PLACE
8085 SPYGLASS HILL RD, VIERA, FL 32940

TO SEE FULL CALENDAR OF EVENTS VISIT:

OneSeniorPlace.com