

Monday	Tuesday	Wednesday	Thursday	Friday
 <p>@oneseniorplace One Senior Place Orlando @oneseniorplace @oneseniorplace</p>		 <p>715 Douglas Avenue, Altamonte Springs, FL 407-949-6733 Mon-Fri 8:30am-5:00pm</p>		 <p>TECH DRIVE DONATE YOUR GENTLY-USED DEVICES! COLLECTING DEVICES BETWEEN: Monday, January 12th - Thursday, February 12th 715 Douglas Avenue, Altamonte Springs</p>
<p>10am Senior Club: Rummikub 10am Benefits of Castanets By One Senior Place RSVP 407-949-6733 10am Private Event By Jewish Pavilion Senior Services 2pm SAIL Balance Class RSVP 407-949-6733</p>	<p>2 9am Private Event By One Senior Place 1pm Art Connects By One Senior Place RSVP 407-949-6733 2pm Don't Go Broke Paying for a Nursing Home Seminar By Flammia Elder Law Firm RSVP 407-478-8700</p>	<p>3 10am-2pm AARP Tax Preparation By AARP 10am Musical Minds By Central Florida Community Arts 1pm Private Event 2pm SAIL Balance Class RSVP 407-949-6733</p>	<p>4 10am-1pm Free Skin Cancer Screenings By Advanced Dermatology and Cosmetic Surgery RSVP 407-949-6733 10:30am Busting Common Myths Surrounding Annuities By New York Life RSVP 407-949-6733 1pm Private Event 2pm Valentines Craft Event By Nurse Pop-Ins RSVP 407-949-6733</p>	<p>5 10:30am Mindfulness Through the Art of Succulent Arrangement By Village on the Green RSVP 407-949-6733 2pm Black Americans Who Have Changed History By One Senior Place RSVP 407-949-6733</p>
<p>10am Senior Club: Rummikub 10am Benefits of Castanets By One Senior Place RSVP 407-949-6733 10:30am Guess the President! Weird, FUN & Inspiring Facts! By One Senior Place RSVP 407-949-6733 2pm SAIL Balance Class RSVP 407-949-6733 4pm Caregiver Support Group By The Alzheimer's Association RSVP 407-949-6733</p>	<p>9 10am Valentine's Day Painting Experience By Charter Research RSVP 407-337-3000 12pm Lunch & Learn: Connecting Hearing Loss & Dementia By Charter Research RSVP 407-326-9000 1pm Art Connects By One Senior Place RSVP 2pm Kahoot Trivia! Romance Edition! By Seniors Helping Seniors RSVP 407-949-6733 3pm Interactive Illusion Show By Charter Research RSVP 407-326-9000</p>	<p>10 10am-2pm AARP Tax Preparation By AARP 10am Musical Minds By Central Florida Community Arts 1pm Private Event 2pm SAIL Balance Class RSVP 407-949-6733</p>	<p>11 10:30am British Tea By Cambridge Planning Group RSVP 407-949-6733 1pm Private Event 2pm Probate Avoidance 101 By The Rodriguez Estate Planning & Elder Law Firm RSVP 407-949-6733 2pm Medicare Seminar By Health First Health Plans RSVP 407-949-6733</p>	<p>12 9am- 3pm Memory & Hearing Screenings By Charter Research RSVP 407-326-9000 10:30am Love Songs in the 60s: Musical Bingo By CenterWell RSVP 407-949-6733 2pm 1960s Classic Movie: The Parent Trap By One Senior Place RSVP 407-949-6733</p>
<p>10am Senior Club: Rummikub 10am Benefits of Castanets By One Senior Place RSVP 407-949-6733 10am Bingo By AdventHealth Well 65+ RSVP 407-949-6733 2pm SAIL Balance Class RSVP 407-949-6733</p>	 <p>16 8:30am Private Event By Jewish Chamber of Commerce 10:30am Communication and Dementia Workshop By ADRC RSVP 407-949-6733 1pm Art Connects By One Senior Place RSVP 407-949-6733</p>	<p>17 10am-2pm AARP Tax Preparation By AARP 10am Musical Minds By Central Florida Community Arts 1pm Private Event 2pm SAIL Balance Class RSVP 407-949-6733</p>	<p>18 10am Private Event By Hadassah League 11am Understanding Your Finances: Social Security, Taxes, & More By New York Life RSVP 407-949-6733 1pm Private Event 2pm Stop Smoking Support Group By Tobacco Free FL. RSVP 2pm I Have a Will—Why Do I Still Need Anything Else? By Bullard Law RSVP 407-949-6733 2pm Fall Prevention in the Home By BrightStar Care Seminole RSVP 407-949-6733</p>	<p>19 10:30am Ask the Doctor: Essential Topics for Healthy Living By First Day Homecare RSVP 407-949-6733 12:30pm Grief Support Group By VITAS Healthcare RSVP 407-949-6733 2pm Tai Chi By One Senior Place RSVP 407-949-6733</p>
<p>9:30am Learn to Play Texas Hold Em' By Senior Plan Options RSVP 407-949-6733 10am Casino Day By Senior Plan Options RSVP 10am Benefits of Castanets By One Senior Place RSVP 407-949-6733 2pm SAIL Balance Class RSVP 407-949-6733</p>	<p>23 10:30am How Do I Make the Most and Do the Least When Selling My Home By Frank Jr Buys Houses RSVP 407-949-6733 1pm Art Connects By One Senior Place RSVP 2pm Chair Strength & Exercise Class By ComForCare RSVP 407-949-6733</p>	<p>24 10am-2pm AARP Tax Preparation By AARP 10am Musical Minds By Central Florida Community Arts 11am Exotic Bird Show By AdventHealth Well 65+ RSVP 407-949-6733 1pm Private Event 2pm SAIL Balance Class RSVP 407-949-6733</p>	<p>25 9am-3:30pm AARP Safe Drivers Class By AARP RSVP 407-949-6733 1pm Private Event 1pm The Truth About Cash Offers By The Miller Realty Group RSVP 407-949-6733</p>	<p>26 INCLUDING FREE HEALTH SCREENINGS BY THE FL. HEALTH DEPT. OF SEMINOLE COUNTY  VOLUNTEER & JOB Fair FRIDAY, FEBRUARY 27TH FROM 10 AM - 12 PM RSVP at 407-949-6733</p>

VOLUNTEER & JOB Fair



FRIDAY,
FEBRUARY 27TH
FROM 10 AM - 12 PM



FREE Health Screenings!

Seminole County Health Dept.

- Body Mass Index
- Blood Pressure
- Blood Sugar
- SpO2 % (Oxygen)



FREE
Entry!
WIN
Prizes!

No experience necessary!

Connect with local organizations & businesses needing seniors for both volunteer and job opportunities!

715 Douglas Avenue, Altamonte Springs, FL | RSVP 407-949-6733



Neighbors
NETWORK

VITAS
Healthcare

VILLAGE ON THE GREEN |
A LIFESPACE COMMUNITY

Brain Fitness
Academy

FLOURISH
RESEARCH

NEW
YORK
LIFE

Seniors Helping Seniors
Central East Florida

Seniors Helping Seniors
Orlando West

alzheimer's
association

ANSLEY
COURT
ASSISTED LIVING

ANSLEY
COVE
HEALTH &
REHABILITATION

CENTRAL FLORIDA
COMMUNITY ARTS

First Day
HOMECARE

Tax Preparation

Wednesdays, February 4th - April 15th



10 AM - 2 PM

By Appointment Only

AARP volunteers in Greater Orlando will prepare and file your federal taxes for FREE! No age or income limits, and AARP membership is not required. All counselors are IRS certified, with returns verified for accuracy.



What to Bring:

- Photo ID & Social Security info
- 2025 tax documents
- Last year's return (if available)
- IRS letters & IP/PIN (if applicable)
- Form 1095-A (if using marketplace insurance)

715 Douglas Avenue
Altamonte Springs, FL

AARP



To Schedule an Appointment
Call 407-949-6733