



FEBRUARY 2026



All events are subject to change.

Visit OneSeniorPlace.com or call 321-751-6771 for more information or to RSVP for any of our upcoming events.

MON

TUE

WED

THU

FRI

2

8am Functional Fitness w/ Are We Living
9am The Club - Games & Social Club
10am Liver Scans (By Appt Only)
10am Big Red Bus Blood Drive
2pm Rock Painting w/Brevard Zoo

3

10am Memory Tests (By Appt Only)
Call 321-305-5015 to schedule
10am Dietitian Series "Burn Fat Faster"

4

10am Liberty Company
11am Considering Cremation w/ National Cremation Society

5

1pm Book Club - *Currently Full*

6

8am Functional Fitness w/ Are We Living
10am Connected: A Spiritual Exploration & Support Group

9

8am Functional Fitness w/ Are We Living
9am The Club - Games & Social Club
2pm CPR Basic Lifesaving Skills w/ Space Coast Life Saverz

10

10:30am Partners in Service: Resources for Those Who Served
2pm Music BINGO w/ Senior Partner Care Services

11

10:30am 20 Years of Memory Health Breakthroughs w/ Flourish Research
1pm Valentine's Mingle - Name That Tune

12

10am Grief Support Group w/ VITAS
10am Tax Reduction Secrets w/ Estate Planning & Elder Law Center of Brevard
1pm Book Club - *Currently Full*
2pm Wine Glass Painting Craft w/ Rhodes Law, P.A.

13

8am Functional Fitness w/ Are We Living
10am Senior Health Friday w/ Nurse Lisa "Understand Your Heart Risk Factors – and What the AHA Recommends"
12pm Annual Galantines Day Tea Party



16

8am Functional Fitness w/ Are We Living
9am The Club - Games & Social Club
9am AARP Safe Driver Class
Call Scott at 321-543-3724 to Register

17

10am Memory Tests (By Appt Only)
Call 321-305-5015 to schedule
5:30pm MacMad User Group

18

10am Liver Scans (By Appt Only)
10am Law School for Life: Family Law 101 w/ Rhodes Law P.A.
2pm Alzheimer's & Dementia Support

19

10am Medicare Advantage Sales Seminar w/ Health First Health Plans
Call to Register: 1-800-716-7737
1pm Book Club - *Currently Full*

20

8am Functional Fitness w/ Are We Living
10am Connected: A Spiritual Exploration & Support Group
12pm Tools to Quit Smoking w/ Tobacco Free Florida
Call 407-716-6392 to Register

23

8am Functional Fitness w/ Are We Living
9am The Club - Games & Social Club

24

10am Who Will Speak for You?
w/ Estate Planning & Elder Law Center of Brevard

25

10am Medicare Advantage Sales Seminar w/ Health First Health Plans
Call to Register: 1-800-716-7737

26

10am Grief Support Group w/ VITAS
10am Medicaid Planning w/ William Johnson, P.A.
1pm Book Club - *Currently Full*
2pm Considering Cremation w/ National Cremation Society

SPECIAL EVENT

Every Day is Veterans Day
10am - 1:30pm
One Senior Place
8085 Spyglass Hill Rd, Viera, FL 32940

27



★ ★ ★ ★ 9th ANNUAL ★ ★ ★
EVERY DAY IS VETERANS DAY!

FREE EVENT!

- Catered lunch by Palm Cottages
- Viera High School Color Guard
- Keynote Speaker: Tom Landwermeyer
- Musical Performances
- Veteran Services Vendor Fair

**FRIDAY,
FEBRUARY 27**

10 AM - 1:30 PM



ONE SENIOR PLACE

8085 Spyglass Hill Rd, Viera, FL 32940

Presented by:



RHODES LAW, P.A.

VITAS®
Healthcare
SINCE 1980

**senior
partner**
CARE SERVICES



PALM POINT
Behavioral Health

Sonata
VIERA | EAST AT VIERA

**ONE
SENIOR
place**
CARE MANAGEMENT

Sea Pines
Rehabilitation Hospital
an affiliate of **Encompass Health**

FREE SCREENINGS



LIVER SCANS

Monday, Feb. 2nd
Wednesday, Feb. 18th
10 AM - 2 PM

Call 321-751-6771 to Schedule



MEMORY TESTS

Tuesdays, Feb. 3rd & 17th
10 AM - 2 PM

Call 321-305-5015 to Schedule

WEEKLY FITNESS AT ONE SENIOR PLACE

**MONDAYS & FRIDAYS
8 AM**

ONE SENIOR PLACE
8085 SPYGLASS HILL RD, VIERA, FL 32940

**TO SEE FULL CALENDAR OF
EVENTS VISIT:**

OneSeniorPlace.com