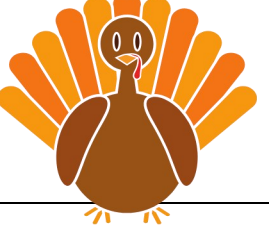


Monday	Tuesday	Wednesday	Thursday	Friday
 @oneseniorplace  One Senior Place  @oneseniorplace  @oneseniorplace		29		
3 10am Senior Club: Rummikub 10am Benefits of Castanets By One Senior Place RSVP 10am Private Event By Jewish Pavilion Senior Services 10am Crossing Continents, Creating Care: A Woman's Vision Comes True By Care By Us RSVP 2pm Pumpkin Painting Crafts By AdventHealth Well 65+ RSVP	4 9am Private Event By One Senior Place 12pm Medicare Seminar By Health First Health Plans 1pm Art Connects By Pamela Levin and One Senior Place RSVP 407-949-6733 2pm A Kahoot of Year- Ending Financial Planning By New York Life Insurance RSVP 407-949-6733	5 10am Musical Minds By Central Florida Community Arts 1pm Private Event 2pm Don't Go Broke Paying for a Nursing Home & Essential Estate Planning By Flammia Elder Law RSVP 407-478-8700 5:30pm 1031 Exchange: Real Estate Secret Weapon By The Miller Group RSVP 321-221-7685	6 10:30am 60's & 70's Musical Bingo By CenterWell RSVP 407-949-6733 11am Medicare Seminar By Health First Health Plans 1pm Private Event 2pm Tips for Downsizing By Elder Move Helper RSVP 407-949-6733	7 10am Medicare Education Event By Senior Plan Options RSVP 407-949-6733 10am-2pm Comprehensive Heart, Metabolic, Kidney, & Liver Screenings By Care Access RSVP 2pm Chair Strength & Cardio By One Senior Place RSVP 407-949-6733
10 10am Senior Club: Rummikub 10am Benefits of Castanets By One Senior Place RSVP 11am What Holiday Dish Am I Trivia By One Senior Place RSVP 407-949-6733 1pm Medicare Seminar By Health First Health Plans RSVP 407-949-6733 2pm Estate Planning Made Simple: Five Documents for Peace of Mind By Bullard Law RSVP 407-949-6733 4pm Caregiver Support Group By The Alzheimer's Association RSVP 407-949-6733	11 10am Tasty Holiday Appetizers Class By Charter Research RSVP 407-326-9000 12pm Lunch & Learn: Understanding Depression By Charter Research RSVP 407-337-3000 1pm Art Connects By Pamela Levin and One Senior Place RSVP 407-949-6733 2pm Premium Olive Oil Tasting By Charter Research RSVP 407-326-9000	12 10am Musical Minds By Central Florida Community Arts 1pm Private Event 2pm Explore Gifting Strategies: Charitable Giving & Legacy By New York Life Insurance RSVP 407-949-6733	13 11am Medicare Seminar By Health First Health Plans RSVP 407-949-6733 1pm Private Event 2pm Quit Smoking Support Group By Tobacco Free FL. RSVP 407-716-6392 2pm Tai Chi By One Senior Place RSVP 407-949-6733	14 9am-3:30pm AARP Safe Drivers Classs By AARP RSVP 407-949-6733 2pm The Gratitude Effect: Inspiring Stories and Practical Tips RSVP 407-949-6733
17 10am Bingo By AdventHealth Well 65+ RSVP 407-949-6733 10am Benefits of Castanets By One Senior Place RSVP 2pm Chair Strength & Cardio Class By ComForCare RSVP 407-949-6733	18 8:30am Private Event By Jewish Chamber of Commerce 11am Chair Strength & Cardio Class By One Senior Place RSVP 407-949-6733 1pm Medicare Seminar By The Health Insurance Store 1pm Art Connects By Pamela Levin and One Senior Place RSVP 407-949-6733 2pm Christmas Crafts By Nurse Pop-Ins & Senior Concierge RSVP 407-949-6733	19 9:30am The Truth About Medicaid Planning By Hoyt & Bryan RSVP 407-949-6733 10am Musical Minds By Central Florida Community Arts 1pm Private Event 2pm The Truth About Estate Planning By Hoyt & Bryan RSVP 407-949-6733	20 11am Medicare Seminar By Health First Health Plans RSVP 407-949-6733 1pm Private Event 2pm Beyond Wills and Trusts: Mastering the Foundations of Estate Planning By The Rodriguez Estate Planning RSVP 407-949-6733	21 9am - 3pm Memory & Liver Screenings By Charter Research RSVP 407-326-9000 10:30am True Thanksgiving Tale By One Senior Place RSVP 407-949-6733 1:30pm Movie Matinee: The Sound of Music By One Senior Place RSVP 407-949-6733
24 9:30am Learn to Play Texas Hold Em' By Senior Plan Options 10am Casino Day By Senior Plan Options RSVP 407-949-6733 10am Benefits of Castanets By One Senior Place RSVP 2pm Chair Strength & Cardio Class By ComForCare RSVP 407-949-6733	25 8am Toastmasters By Toastmasters Int. RSVP 407-949-6733 10:30am First Aid at Home Workshop By MobileMedix Plus RSVP 407-949-6733 2pm Fall Painting By CenterWell RSVP 407-949-6733	26 10am Musical Minds By Central Florida Community Arts 1pm Private Event	 CLOSED HAPPY THANKSGIVING	 CLOSED
				28



Elder Move Helper
Senior Transition Management
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TIPS FOR DOWNSIZING

**Thursday,
November 6th
at 2pm**

Join Brent Cutlip, the knowledgeable and dedicated owner of Elder Move Helper, for a Q&A session filled with helpful tips on downsizing!



OneSeniorPlace.com
RSVP at 407-949-6733

715 Douglas Avenue
Altamonte Springs, FL 32714



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Tues, December 2 - Fri, December 12
8:30 AM - 5:00 PM

HOLIDAY SPECTACULAR | FREE ENTRY

Featuring 27 decorated Christmas trees and 40 wreaths!



HOLIDAY GALA & SILENT AUCTION

Fri, December 12 | 3:00 PM - 5:00 PM

FOOD | BEVERAGES | & LIVE CHRISTMAS MUSIC

Bid on beautiful tree(s) and wreath(s) of your choice. Food, beverages and more. Highest bidders can pick up their trees/ wreaths on Monday, December 15th from 9 am – 4 pm.



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