

July 2024



8085 Spyglass Hill Road, Melbourne, FL 32940

Monday—Friday 8:30am—5:00pm

More event information available at OneSeniorPlace.com — *Events are subject to change.*

Mon	Tue	Wed	Thu	Fri
<p>1</p> <p>9am The Club</p> <p>10am Fibroscans (Liver Scans) w/ ClinCloud</p> <p>1pm Dietician Series Part 2: The Mediterranean Diet w/ Susie Bond</p>	<p>2</p> <p>10am FREE Memory Testing Flourish Research</p> <p>1pm Aging w/ Independence Panel Series: Financial & Legal Planning</p>	<p>3</p> <p>11am Pre-Planning Cremation Nat'l Cremation Society</p>		
<p>8</p> <p>9am The Club</p>	<p>9</p> <p>11:30am Ask The Doctor Lunch & Learn Series: Liver Health</p> <p>2pm BINGO Florida Health Care Plans</p>	<p>10</p> <p>10am Coffee & Convo: Chat w/ a Brain & Memory Health Expert Flourish Research</p> <p>1pm How Not To Go Broke Paying For a Nursing Home Rhodes Law, P.A.</p>	<p>11</p> <p>10am Loss, Grief & Bereavement Support</p> <p>10am Planning Estates to Minimize Taxes Estate Planning & Elder Law</p> <p>1pm Book Club</p> <p>2pm Movie Matinee w/ Rhodes Law, P.A.</p>	<p>12</p> <p>10am Senior Health Friday w/ Nurse Lisa: Beat The Heat</p> <p>11:30am Knee Embolization Lunch & Learn Vascular & Embolization Specialists</p>
<p>15</p> <p>9am The Club</p>	<p>16</p> <p>10am FREE Memory Testing Flourish Research</p> <p>10am Medicaid Planning William A. Johnson, P.A.</p> <p>11:30am Pain Management Series: Lunch & Learn</p> <p>5:30pm MacMad User Group Hosted by Jim Delaura</p>	<p>17</p> <p>10am Fibroscans (Liver Scans) w/ ClinCloud</p> <p>10am Estate & Medicaid Planning Rhodes Law, P.A.</p> <p>2pm Alz. & Dementia Support Group</p>	<p>18</p> <p>12pm Top 10 Tips For Aging Well Aquatic Health & Rehab</p> <p>1pm Book Club</p>	<p>19</p> <p>11am Christmas in July Make & Take Craft Event</p>
<p>22</p> <p>9am The Club</p> <p>9am AARP Smart Driver Course</p>	<p>23</p> <p>10am Essential Legal Docs That Provide Peace of Mind Estate Planning & Elder Law</p> <p>1pm Make Space Now: Downsizing & Decluttering Oceans Realty Florida</p>	<p>24</p> <p>11am Tinnitus Lunch & Learn w/ America's Best Hearing</p>	<p>25</p> <p>10am Loss, Grief & Bereavement Support</p> <p>10am Estate Planning William Johnson, P.A.</p> <p>1pm Book Club</p> <p>2pm Pre-Planning Cremation Nat'l Cremation Society</p>	<p>26</p> <p>12pm Tools To Quit Smoking w/ Tobacco Free Florida</p>
<p>29</p> <p>9am The Club</p>	<p>30</p> <p>11:30am Italian Food & Mingle w/ Discovery Village</p>	<p>31</p> <p>1pm 5 Wishes & Ice Cream</p>		



AGE WITH INDEPENDENCE SERIES: FINANCIAL & LEGAL PLANNING

Set yourself up for financial stability and freedom as you age.

MEET YOUR PANEL:



Lisa Conway, RN
VP of Care Services
Senior Partner



William Johnson, P.A.
Attorney
WILLIAM A. JOHNSON P.A.



Jim DeLaura
Financial Advisor
RAYMOND JAMES®

Tuesday,
July 2nd 2024
1 PM



One Senior Place
8085 Spyglass Hill Rd. Viera, FL 32940

CALL 321.751.6771 TO RSVP

Refreshments provided by Senior Partner Care Services.

MAKE SPACE NOW Downsizing & Decluttering Your Home



Join Christina Knowles with Make Space Now as she shares tips on decluttering and downsizing your home.

Tuesday
July 23rd
1pm



8085 Spyglass Hill Rd
Viera, FL 32940

OneSeniorPlace.com

Presented by:
Christina Knowles
Professional Organizer
Certified Senior Move Manager



Call 321-751-6771 to RSVP

AMERICA'S
BEST HEARING

UNDERSTANDING TINNITUS

Do You Suffer From Ringing In Your Ears?

This presentation brought to you by America's Best Hearing and Senior Clinical Product Specialist, Michele Gerrish, Au.D from Widex will center on the causes of Tinnitus, "ringing in your ears," and what can be done to improve it.



Tuesday
July 24, 2024
11am



Call 321-751-6771 to RSVP

OUR SPEAKER



Michele Gerrish, Au.D.
Senior Clinical Product Specialist
Widex

BOOK YOUR FREE HEARING TEST TODAY



8085 Spyglass Hill Rd, Viera, FL 32940

OneSeniorPlace.com

SENIOR Healthcare
SINCE 1980

5 WISHES & ICE CREAM

Five Wishes was developed as the first advance care plan (ACP) to address personal, emotional, and spiritual wishes, in addition to medical treatment. Ensure your family knows what matters most to you when you arrive at end-of-life.

Wednesday, July 31st

1pm



One Senior Place
8085 Spyglass Hill Rd
Viera, FL 32940

Complimentary 5 Wishes workbook for all registered attendees.

Call 321.751.6771 to RSVP

OneSeniorPlace.com



Legal Seminars

Wednesday, July 10th at 1pm

How Not To Go Broke Paying For A Nursing Home
Presented by Ruth C. Rhodes, Esq.

Thursday, July 11th at 10am

Planning Estate to Minimize Taxes

Presented by Estate Planning & Elder Law

Tuesday, July 16th at 10am

Medicaid Planning Seminar

Presented by William A. Johnson, P.A.

Wednesday, July 17th at 10am

Estate & Medicaid Planning

Presented by Ruth C. Rhodes, Esq. and Jackie McManus.

Tuesday, July 23rd at 10am

Essential Legal Docs That Provide Peace of Mind

Presented by Estate Planning & Elder Law

Thursday, July 25th at 10am

Estate Planning

Presented by William Johnson, P.A.

Support Groups at One Senior Place

Loss, Grief & Bereavement

Thursdays, July 11th & July 25th at 10am

Alzheimer's & Dementia

Wednesday, July 17th at 2pm

No RSVP Required

Free Liver Scans

Monday, July 1st & Wednesday, July 17th

10am to 2pm

w/ ClinCloud Viera

Call 321-751-6771 to Book Your Appointment Today

Free Memory Tests

Tuesdays, July 2nd & July 16th

10am to 2pm

w/ Flourish Research—Merritt Island

Call 321-305-5015 to Book Your Appointment Today

To register for any of our upcoming events, call 321-751-6771 or view our calendar at OneSeniorPlace.com