

Monday	Tuesday	Wednesday	Thursday	Friday
<p>SPECIAL EVENT:</p>		<p>JOIN US FOR</p> <p>MEN'S DAY</p>		
		<p>JUNE 14 9:30AM - 3:00PM RSVP 407-949-6733</p>		
<p>3</p> <p>10am Senior Club: Rummikub 10am Benefits of Castanets RSVP 10am Private Event 10:30am Span The Globe in 50 mins By One Senior Place RSVP 2pm SAIL Exercise Class By VCI RSVP 7pm ZOOM Reiki By VITAS Healthcare RSVP 407-949-6733</p>	<p>4</p> <p>9am Private Event 2pm Bunco— A Dice Game For All! with Prizes! By PPD Research RSVP 407-949-6733</p>	<p>5</p> <p>10am Musical Minds Choir By CFCArts 1pm Reiki By VITAS Healthcare RSVP 1pm Private Event 2pm SAIL Exercise Class By VCI RSVP 5pm Death Café By VITAS Healthcare RSVP 407-691-4548</p>	<p>6</p> <p>9am-3:30pm AARP Safe Driving Class RSVP 1pm Private Event 1:30pm Living Healthy with Chronic Conditions By Senior Resource Alliance RSVP 407-949-6733</p>	<p>7</p> <p>8:30am-5:00pm Private Event 10am Creative Writing Class By CFCArts RSVP 11am The Healing Power of Humor & Laughter By The Central Florida Parkinson's Association RSVP 321-348-7223</p>
<p>10</p> <p>10am Senior Club: Bingo By AdventHealth Well 65+ RSVP 407-949-6733 10am Benefits of Castanets RSVP 2pm SAIL Exercise Class By VCI RSVP 4pm Caregiver Support Group By The Alzheimer's Association RSVP 7pm ZOOM Reiki By VITAS Healthcare RSVP</p>	<p>11</p> <p>10am Living Safely at Home with Dementia By ComForCare & ClinCloud Research RSVP 407-949-6733 2pm Don't Go Broke Paying for a Nursing Home & Essential Estate Planning By Flammia Law RSVP 407-478-8700</p>	<p>12</p> <p>10am Musical Minds Choir By CFCArts 1pm Reiki By VITAS Healthcare RSVP 1pm Private Event 2pm SAIL Exercise Class By VCI RSVP 5pm Coffee & Conversations By VITAS Healthcare RSVP 407-691-4548</p>	<p>13</p> <p>10:30am Summer Nutrition By AdventHealth RVSP 407-949-6733 1pm Private Event 1:30pm Living Healthy with Chronic Conditions By Senior Resource Alliance RSVP 2pm Know Us Before You Need Us By Senior Resource Alliance RSVP 2pm Stop Smoking Support group By Tobacco Free Florida RSVP</p>	<p>14</p> <p>9:30AM - 3:00PM MEN'S DAY RSVP 407-949-6733</p>
<p>17</p> <p>10am Free Seminar for Seniors: Skincare By Charter Research RSVP 10am Senior Club: Rummikub 10am Benefits of Castanets RSVP 12pm Hearing Loss & Dementia Lunch & Learn By Charter Research & Altamonte Family Hearing RSVP 1pm Art Connects Alz By The Alzheimer's Association 7pm ZOOM Reiki By VITAS Healthcare RSVP</p>	<p>18</p> <p>10:30am Bingo By Right Choice Adult Care & Activity Center RSVP 407-949-6733 2pm Silver Sneakers, Strength & Cardio By Right Choice Adult Care & Activity Center RSVP 407-949-6733</p>	<p>19</p> <p>10am Musical Minds Choir By CFCArts 11:15am Healthy Summer Treats Cooking Class with Brenda Lyle of OSP RSVP 407-949-6733 1pm Reiki By VITAS Healthcare RSVP 1pm Private Event 2pm Abuse, Neglect & Exploitation of Seniors By Senior Resource Alliance RSVP</p>	<p>20</p> <p>9am-11:15am Private Event 9:30am Rightsizing Your Life By The Miller Group RSVP 1pm Private Event 1:30pm Living Healthy with Chronic Conditions By Senior Resource Alliance RSVP 2pm Fun Ways to Stay Hydrated By Ambiance of Maitland RSVP</p>	<p>21</p> <p>8:30am—4:30pm Memory, Liver, & Hearing Screenings By Charter Research RSVP 10am Creative Writing Class By CFCArts RSVP 10am Chronic Kidney Disease By VITAS Healthcare RSVP 407-949-6733 2pm Let's Be Kids Again By Gentry Park Assisted Living & Memory Care RSVP</p>
<p>24</p> <p>9:30am Learn to Play Texas Hold'Em 10am-12pm Casino Day By Senior Plan Options RSVP 10am Benefits of Castanets RSVP 1pm Art Connects Alz By The Alzheimer's Association RSVP 2pm Sail Exercise Class By VCI RSVP 7pm Zoom Reiki By VITAS Healthcare RSVP</p>	<p>25</p> <p>10am Treating Neuropathy with Integrative Medicine By Seminole Integrative Medicine 2pm Functional Fitness By Right Choice Adult Care & Activity Center RSVP 407-949-6733</p>	<p>26</p> <p>10am Musical Minds Choir By CFCArts 1pm Reiki By VITAS Healthcare RSVP 1pm Private Event 2pm SAIL Exercise Class By VCI RSVP 5pm Coffee & Conversations By VITAS Healthcare RSVP 6pm Florida Deeds Webinar By Flammia Elder Law RSVP</p>	<p>27</p> <p>9:30am-12:30pm The Truth About Medicaid Planning By Hoyt & Bryan RSVP 407-977-8080 1pm Private Event 1:30pm Living Healthy with Chronic Conditions By Senior Resource Alliance RSVP 2pm Ready for Your Second Act? Live your life the way you envision! By Vibrant Living at Home RSVP 2pm-4pm The Truth About Estate Planning By Hoyt & Bryan</p>	<p>28</p> <p>9am-12pm Free Health Screenings By Seminole County Health Department RSVP 10am Creative Writing Class By CFCArts RSVP 11am BBQ & Patriotic Trivia By CenterWell Primary Care RSVP 2pm Movie Matinee: Patriots Day RSVP</p>