




Monday	Tuesday	Wednesday	Thursday	Friday
 <p>SPECIAL EVENT: February 23rd from 10am-12pm Senior Volunteer & Job Fair OPEN HOUSE!</p>		 <p>VOLUNTEER</p>	<p>10:30am Galentine's Tea Party By Charter Research RSVP at 407-326-9000</p>	<p>10am What Matters Most in Senior Living By North Star Senior Advisors RSVP 1:30pm Craft Day By Volunteers for Community Impact and Aetna RSVP</p>
<p>5</p> <p>10am Senior Club: Rummikub 10am The Rise of AI and Robots By One Senior Place RSVP 1pm Art Connects Alz By The Alzheimer's Association RSVP 2pm Sail Exercise Class By VCI RSVP 7pm ZOOM Reiki By VITAS Healthcare RSVP</p>	<p>6</p> <p>9:30am Private Event 11am Mindful Movements By Serenades By Sonata RSVP at 407-949-6733 1:30pm Matter of Balance By Senior Resource Alliance RSVP at 407-949-6733 6pm 1031 Exchange: Say "I Do" to a Tax-Free Upgrade By The Miller Realty Group RSVP</p>	<p>7</p> <p>10am Musical Minds Choir By CFCArts 1pm Reiki By VITAS Healthcare RSVP 2pm Sail Exercise Class By VCI RSVP 5pm Death Café By VITAS Healthcare RSVP</p>	<p>8</p> <p>10:30am Improving Heart Health By AdventHealth RSVP 1:30pm Matter of Balance By Senior Resource Alliance RSVP at 407-949-6733 2pm Stop Smoking Support Group By Florida Health Seminole County RSVP</p>	<p>9</p> <p>12pm Pizza & Puzzles By Clinical Site Partners RSVP 2pm Movie Matinee: Blended RSVP 407-949-6733 2pm Compassionate Connections Support Group By NorthStar Senior Advisors RSVP</p>
<p>12</p> <p>10am Senior Club: Rummikub 10am The Sweet Story of Chocolate By One Senior Place 1pm Art Connects Alz By The Alzheimer's Association RSVP 2pm Sail Exercise Class By VCI RSVP 7pm ZOOM Reiki By VITAS Healthcare RSVP</p>	<p>13</p> <p>10:30am Tea and Biscuits By Cambridge Planning Group & PPD Research RSVP 2pm Don't Go Broke Paying for a Nursing Home By Flammia Elder Law RSVP</p>	<p>14</p> <p>10am Musical Minds Choir By CFCArts 11am Fun Facts About Our American Presidents By One Senior Place RSVP 1pm Reiki By VITAS Healthcare RSVP 2pm Sail Exercise Class By VCI RSVP 5pm Coffee and Conversations By VITAS Healthcare RSVP</p>	<p>15</p> <p>9:30am 1031 Exchange: Planning for the Future & Beyond By The Miller Realty Group RSVP 1:30pm Matter of Balance By Senior Resource Alliance RSVP at 407-949-6733</p>	<p>16</p> <p>8:30am-4:30pm Free Memory Screenings By Charter Research</p>
<p>19</p> <p>10am Senior Club: Bingo By Volunteers for Community Impact and Aetna RSVP 1pm Art Connects Alz By The Alzheimer's Association RSVP 2pm Sail Exercise Class By VCI RSVP 7pm ZOOM Reiki By VITAS Healthcare RSVP</p>	<p>20</p> <p>10am Chair Yoga: Importance of Being Active For a Healthy Heart By Clinical Site Partners RSVP 1:30pm Matter of Balance By Senior Resource Alliance</p>	<p>21</p> <p>10am Musical Minds Choir By CFCArts 11:30am Conversations with a Care Manager By One Senior Place RSVP 1pm Reiki By VITAS Healthcare RSV 2pm Sail Exercise Class By VCI RSVP</p>	<p>22</p> <p>10am Private Event By The American Red Cross 1:30pm Matter of Balance By Senior Resource Alliance RSVP at 407-949-6733</p>	<p>23</p> <p>9am-12pm FREE Health Screenings By Seminole County Health Dept.  10am-12pm Senior Volunteer & Job Fair By One Senior Place 2pm Heart Smart Heart Health By Seminole Integrative Medicine RSVP</p>
<p>26</p> <p>9:30 am Learn to Play Texas Hold'Em 10am-12pm Casino Day with Senior Plan Options RSVP 1pm Art Connects Alz By The Alzheimer's Association RSVP 2pm Sail Exercise Class By VCI RSVP 7pm ZOOM Reiki By VITAS Healthcare RSVP</p>	<p>27</p> <p>11am Sleep Talk By AdventHealth Well 65+ RSVP 1:30pm Matter of Balance By Senior Resource Alliance RSVP at 407-949-6733 2pm Laughing at Parkinson's: The Healing Power of Humor By Parkinson Association RSVP</p>	<p>28</p> <p>10am Musical Minds Choir By CFCArts 1pm Reiki By VITAS Healthcare RSVP 2pm Sail Exercise Class By VCI RSVP 5pm Coffee and Conversations By VITAS Healthcare RSVP</p>	<p>29</p> <p>9:30am Truth About Medicaid Planning By Hoyt & Bryan RSVP 1:30pm Matter of Balance By Senior Resource Alliance RSVP at 407-949-6733 2:00pm Truth About Estate Planning By Hoyt & Bryan RSVP</p>	