

Keeping you safe and happy *at home.*

Hurricane Season is upon us. Follow these three steps to preparedness:

- Make a Kit – see checklist below
- Have a Plan- if you have to evacuate, where will you go?
- Be Informed- if you need special care, understand your needs.

By planning ahead you can avoid waiting in long lines for critical supplies and move to safety if needed.



Hurricane Preparedness Checklist

BASIC NEEDS AND SUPPLIES:

- | | |
|--|--|
| <input type="checkbox"/> Water – one gallon per person, per day
(3 day supply for evacuation, 2 week supply for home) | <input type="checkbox"/> Emergency blanket |
| <input type="checkbox"/> Food – canned or dried foods that don't need to be cooked (same supply as above) | <input type="checkbox"/> Map of the local area |
| <input type="checkbox"/> Flashlight with extra batteries and bulbs
(do not use candles!) | <input type="checkbox"/> Whistle (to attract emergency personnel) |
| <input type="checkbox"/> Battery operated or hand-crank radio | <input type="checkbox"/> One change of clothing |
| <input type="checkbox"/> First aid kit and manual | <input type="checkbox"/> Manual can opener |
| <input type="checkbox"/> Medications and medical items
(at least a 7 day supply) | <input type="checkbox"/> Pet supplies (food and vaccination records) |
| <input type="checkbox"/> Multi-purpose tool (folds up pocket size) | <input type="checkbox"/> Extra set of keys (car, house, etc.) |
| <input type="checkbox"/> Sanitations and personal hygiene items
(toilet paper, garbage bags) | |
| <input type="checkbox"/> Copies of personal documents (medication list, pertinent medical information, deed/ lease to home, insurance policies, birth certificates) *Store in waterproof container | |
| <input type="checkbox"/> Cell phone with an extra battery and charger | |
| <input type="checkbox"/> Contact information for family and friends | |
| <input type="checkbox"/> Cash and coins (ATM's may not be accessible) | |

SUPPLIES FOR YOUR VEHICLE:

- ☐ Flashlight with extra batteries and extra bulbs
- ☐ Maps
- ☐ First aid kit and manual
- ☐ Tire repair kit and jumper cables
- ☐ Flares
- ☐ Bottled water
- ☐ Non-perishable foods such as granola bars
- ☐ Sunscreen SPF 15 or higher, shade item (umbrella, wide-brimmed hat, etc.)

Senior Partner Care Services helps clients live safely and independently at home by providing a reliable and affordable source of high-quality, non-medical home care. Call us today to schedule a free in-home consultation.

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