



## Support Groups

**Email requests to join your group of choice to [karina@adrccares.org](mailto:karina@adrccares.org) or [edith@adrccares.org](mailto:edith@adrccares.org)**

The Alzheimer's & Dementia Resource Center provides facilitated support groups for caregivers, family members, and friends providing care to persons living with a dementia related illness.

<b>MAITLAND</b> 2nd Thursday, 10 a.m.	<b>Maitland Presbyterian Church</b> <b>Open Support Group</b> 341 N. Orlando Avenue, Maitland, FL 32781 Conference Room Facilitator, Jody Hampton
<b>OCOEE</b> 2nd Tuesday, 6 p.m.	<b>Health Central Hospital</b> <b>Open Support Group</b> 10000 W. Colonial Drive, Ocoee, FL 34761 Held in Auxiliary Room on the First Floor Facilitator, Nicole Valdez McClure
<b>WINTER PARK</b> 2nd Tuesday, 10 a.m.	<b>Easter Seals</b> <b>Open Support Group</b> 2010 Crosby Way Conference Room Winter Park, FL 32792 Facilitator, Alexandra Garnier Mercier
<b>WINTER PARK</b> 2nd Wednesday, 6 p.m. 4th Wednesday at 1 pm	<b>Fannie's Friends</b> <b>Adult Daughters and Granddaughters</b> 1925 Mizell Avenue, Winter Park, FL 32792 Facilitators, Tori Ricci, Stephanie Malally
<b>WINTER PARK</b> 1st & 3rd Thursdays, 10 a.m.	<b>Men's Breakfast Club at Denny's</b> <b>(Men only)</b> Perkins Restaurant, 701 E State Rd 434, Winter Springs Facilitators, Dennis Dulniak, Chuck Dudley
<b>ZOOM ONLY</b> 2nd Tuesdays, 10:30 am	<b>Michael's Moments</b> <b>Caregivers to persons living with Young Onset Alzheimer's disease</b> Facilitator, Edith Gendron
<b>ZOOM ONLY</b> 1st Wednesday, 10:00 am	<b>Support Group for Spanish Speaking Caregivers</b> for persons living with a dementia related illness Facilitator, Alexandra Garnier Mercier

Alzheimer's & Dementia Resource Center  
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[www.ADRCCares.org](http://www.ADRCCares.org) • (407) 436-7750

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